

Prueba 1
10/12/2022 - 10:00

Masc., 200m Libre

Open masculino
Resultados

RG 1:47.76 , CAMPOS VARELA, SERGIO NCORUÑA 29/12/2017

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	MOURE DOVAL, Jose	99	C. N. PABELLON	1:54.48	35,00	26.48	29.10	29.85	29.05
2.	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	1:55.17	32,00	26.47	29.47	29.75	29.48
3.	GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	1:55.28	30,00	26.80	28.40	30.07	30.01
4.	RODRIGUEZ SANCOSMED, P.	03	C. N. PORTAMIÑA	1:57.37	29,00	27.74	29.94	29.96	29.73
5.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	1:57.44	28,00	27.12	29.66	30.46	30.20
6.	SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	1:57.46	27,00	27.33	29.71	30.14	30.28
7.	RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	1:57.48	26,00	26.94	29.94	30.50	30.10
8.	CIVEIRA CORRAL, Raul	02	C. N. PABELLON	1:57.51	25,00	27.31	30.18	30.65	29.37
9.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	1:57.91	24,00	27.06	29.48	30.60	30.77
10.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	1:58.51	23,00	27.11	29.88	30.48	31.04
11.	COSTA FERNANDEZ, Lucas	98	C. N. PONTEAREAS	2:01.08	22,00	27.80	30.64	31.61	31.03
12.	MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	2:01.32	21,00	28.16	30.89	31.47	30.80
13.	PEDRE SALIDO, Julio	03	C. N. FERROL	2:01.35	20,00	28.11	30.57	31.45	31.22
14.	FRAGA SAL, Alexandre	06	C. N. PORTAMIÑA	2:02.74	19,00	27.68	31.24	32.30	31.52
15.	GOMEZ LIMIA, Pablo	06	C. N. CORUÑA	2:04.10	18,00	28.49	31.68	32.10	31.83
16.	JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	2:04.34	17,00	28.31	31.40	32.35	32.28
17.	PEREZ GARCIA, Iker	07	C. N. GALAICO	2:05.11	16,00	27.46	30.99	33.49	33.17
18.	PAZOS IGLESIAS, André	07	RCN VIGO	2:08.56	15,00	29.21	32.75	33.60	33.00
19.	MEJIDE GIADAS, Diego	00	CIDADE SANTIAGO	2:09.12	14,00	27.87	31.24	33.07	36.94
20.	GONZÁLEZ BORGES, David	03	VIGO RIAS BAIXAS	2:10.21	13,00	29.80	32.75	33.97	33.69
21.	REY MUNIN, Tomas	06	CIDADE SANTIAGO	2:12.52	12,00	29.83	33.30	34.69	34.70
22.	OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	2:12.85	11,00	30.57	33.52	34.45	34.31
23.	MAYO MAROÑAS, Jacobo	93	S. DEP. BOIRO	2:20.35	10,00	31.80	35.58	36.34	36.63
Baja enf.	BALSA VIGO, Javier	05	C. N. CORUÑA	-	-	-	-	-	-

Prueba 2
10/12/2022 - 10:10

Fem., 400m Estilos

Open femenino
Resultados

RG 4:31.65 , GOMEZ CORTES, BEATRIZ GALAICO 15/12/2013

Clasificación			AN			Tiempo		PUNTOS		
1.	CARRON MUIÑA, Carla		05	C. N. PONTEAREAS		4:56.75	35,00			
	50m:	30.35 30.35	150m:	1:46.56	40.31	250m:	3:06.92	42.12	350m:	4:24.00 33.68
	100m:	1:06.25 35.90	200m:	2:24.80	38.24	300m:	3:50.32	43.40	400m:	4:56.75 32.75
2.	MOURENZA ROCHA, Sofia		07	C. N. PORTAMIÑA		5:03.39	32,00			
	50m:	33.35 33.35	150m:	1:52.58	41.26	250m:	3:12.59	40.58	350m:	4:29.76 35.99
	100m:	1:11.32 37.97	200m:	2:32.01	39.43	300m:	3:53.77	41.18	400m:	5:03.39 33.63
3.	GÓMEZ MESÍAS, Alba		00	C. N. ARTEIXO		5:07.15	30,00			
	50m:	31.24 31.24	150m:	1:48.80	41.24	250m:	3:12.14	43.60	350m:	4:32.94 36.58
	100m:	1:07.56 36.32	200m:	2:28.54	39.74	300m:	3:56.36	44.22	400m:	5:07.15 34.21
4.	FARO MARTINEZ, Carla		03	C. N. PONTEAREAS		5:11.48	29,00			
	50m:	31.99 31.99	150m:	1:49.32	40.69	250m:	3:13.37	44.04	350m:	4:35.85 37.08
	100m:	1:08.63 36.64	200m:	2:29.33	40.01	300m:	3:58.77	45.40	400m:	5:11.48 35.63
5.	ALVAREZ PAZOS, Maria		07	VIGO RIAS BAIXAS		5:17.44	28,00			
	50m:	34.00 34.00	150m:	1:54.37	41.05	250m:	3:19.74	46.40	350m:	4:42.61 35.42
	100m:	1:13.32 39.32	200m:	2:33.34	38.97	300m:	4:07.19	47.45	400m:	5:17.44 34.83
6.	CAMBA PRADA, Alexia		05	C. N. PABELLON		5:20.81	27,00			
	50m:	35.32 35.32	150m:	1:57.81	39.53	250m:	3:24.12	47.84	350m:	4:46.76 35.35
	100m:	1:18.28 42.96	200m:	2:36.28	38.47	300m:	4:11.41	47.29	400m:	5:20.81 34.05
7.	ALVITE BERGARA, Nerea		99	C. N. ARTEIXO		5:26.61	26,00			
	50m:	34.35 34.35	150m:	1:57.91	44.46	250m:	3:25.86	46.32	350m:	4:50.81 38.64
	100m:	1:13.45 39.10	200m:	2:39.54	41.63	300m:	4:12.17	46.31	400m:	5:26.61 35.80
8.	SANTAS VAZQUEZ, Laura		09	C. N. PORTAMIÑA		5:26.85	25,00			
	50m:	35.13 35.13	150m:	1:57.23	42.72	250m:	3:25.26	46.32	350m:	4:51.04 38.83
	100m:	1:14.51 39.38	200m:	2:38.94	41.71	300m:	4:12.21	46.95	400m:	5:26.85 35.81
9.	SEOANE BAHILLO, Sara		00	RCN VIGO		5:43.89	24,00			
	50m:	35.42 35.42	150m:	2:03.34	45.78	250m:	3:38.75	50.58	350m:	5:44.65 1:15.57
	100m:	1:17.56 42.14	200m:	2:48.17	44.83	300m:	4:29.08	50.33	400m:	5:43.89
10.	NUÑEZ PARDO, Laura		08	VIGO RIAS BAIXAS		5:58.21	23,00			
	50m:	38.57 38.57	150m:	2:08.64	44.06	250m:	3:46.45	55.41	350m:	5:20.91 39.45
	100m:	1:24.58 46.01	200m:	2:51.04	42.40	300m:	4:41.46	55.01	400m:	5:58.21 37.30
11.	ALVAREZ GARCIA, Mencia		10	C. N. PABELLON		5:59.27	22,00			
	50m:	37.97 37.97	150m:	2:12.78	48.40	250m:	3:47.76	49.00	350m:	5:20.92 42.24
	100m:	1:24.38 46.41	200m:	2:58.76	45.98	300m:	4:38.68	50.92	400m:	5:59.27 38.35
12.	ARRUÑADA VAZQUEZ, Carmen		10	C. N. CORUÑA		6:27.64	21,00			
	50m:	42.19 42.19	150m:	2:22.16	49.70	250m:	4:06.67	57.14	350m:	5:47.05 43.23
	100m:	1:32.46 50.27	200m:	3:09.53	47.37	300m:	5:03.82	57.15	400m:	6:27.64 40.59
DSQ	CONS GESTIDO, Agueda Beatriz		00	RCN VIGO			1,00			
	<i>Nado irregular</i>									

Prueba 3
10/12/2022 - 10:25

Masc., 50m Espalda

Open masculino
Resultados

RG 24.35 , PEREIRO CARRIL, OSCAR ARZUA 28/12/2013

Clasificación	AN		Tiempo	PUNTOS
1. VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	25.63	35,00
2. SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	25.88	32,00
3. NAVARRO LOSADA, Sergi	07	C. N. FERROL	27.62	30,00
4. PEREZ TIERRA, Ismael	02	RCN VIGO	27.72	29,00
5. CARBALLO RODRIGUEZ, Enrique	07	C. N. PABELLON	28.16	28,00
6. DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	28.38	27,00
7. LÓPEZ ANIDO, Nelson Andrés	00	C. N. FERROL	28.47	26,00
8. VILA PEREIRA, Brais	03	C. N. PONTEAREAS	28.88	25,00
9. GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	29.49	24,00
10. RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	29.59	23,00
11. ÁLVAREZ VÁZQUEZ, Gael	07	RCN VIGO	29.82	22,00
12. LOPEZ FERNANDEZ, Martin	04	C. N. PABELLON	29.84	21,00
13. POSE FERNÁNDEZ, Pablo	05	C. N. ARTEIXO	30.34	20,00
14. SUAREZ RIPOLL, Xian	03	CIDADE SANTIAGO	30.49	19,00
15. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	30.56	18,00
16. BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	30.57	17,00
17. NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	30.80	16,00
18. DAVILA LUSTRES, Manuel	96	S. DEP. BOIRO	31.79	15,00
19. FOLGUEIRA DIAZ, Miguel	05	C. FLUVIAL LUGO	33.48	14,00
20. NOVO BELLO, Manuel	98	S. DEP. BOIRO	33.50	13,00
21. MUNIN CANDAL, Alex	05	CIDADE SANTIAGO	34.49	12,00

Prueba 4
10/12/2022 - 10:37

Fem., 50m Espalda

Open femenino
Resultados

RG 28.61 , RODIÑO MAQUIEIRA, NEREA GALAICO 19/12/2008

Clasificación	AN		Tiempo	PUNTOS
1. SOLER LOMBA, Rosalía	00	RCN VIGO	30.91	35,00
2. BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	31.03	32,00
3. EIJO GIL, Naiara	06	C. N. PONTEAREAS	31.08	30,00
4. SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	31.56	29,00
5. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	31.72	28,00
6. BORGE JUSTE, Ines	06	C. N. PONTEAREAS	32.06	27,00
7. RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	33.04	26,00
8. FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	33.52	25,00
9. PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	34.64	24,00
10. BABARRO LOPEZ, Maria	08	C. N. PABELLON	34.78	23,00
11. REQUEJO FERNANDEZ, Irene	10	C. N. PABELLON	35.46	22,00
12. SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	36.09	21,00
13. GARCÍA ESPAÑA, Elena	09	S. DEP. BOIRO	40.11	20,00
DSQ GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO		1,00

Nado irregular

Prueba 5
10/12/2022 - 10:42

Masc., 200m Mariposa

Open masculino
Resultados

RG 1:57.37 , MARTÍNEZ NOVOA, MIGUEL RCNVIGO 17/11/2019

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	2:08.73	35,00	28.45	33.03	33.86	33.39
2.	LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	2:08.85	32,00	28.97	33.02	33.46	33.40
3.	PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	2:11.27	30,00	29.01	33.31	33.61	35.34
4.	QUIROGA RAMOS, Yago	05	C. N. PABELLON	2:14.18	29,00	30.07	33.94	34.79	35.38
5.	QUIROGA RAMOS, Noel	00	C. N. PABELLON	2:14.72	28,00	30.31	34.60	34.92	34.89
6.	SANCHEZ VAZQUEZ, Antonio	04	C. N. PORTAMIÑA	2:15.74	27,00	28.95	34.33	35.70	36.76
7.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:15.82	26,00	29.14	34.70	36.10	35.88
8.	ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	2:19.08	25,00	29.51	34.95	37.28	37.34
9.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:19.57	24,00	30.29	34.76	36.97	37.55
10.	TABEIRA OLASCOAGA, Tadeo	07	C. N. FERROL	2:19.95	23,00	29.49	34.23	36.71	39.52
11.	VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	2:20.99	22,00	31.09	34.48	37.26	38.16
12.	VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	2:22.30	21,00	31.14	35.25	38.32	37.59
13.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:22.78	20,00	30.06	34.44	38.45	39.83
14.	BARROS DA SILVA, Pedro	07	C. N. GALAICO	2:25.31	19,00	30.71	35.84	38.77	39.99
15.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	2:26.21	18,00	31.54	36.81	38.71	39.15
16.	GAVIEIRO MONTERO, Raul	07	C. N. PORTAMIÑA	2:26.54	17,00	31.67	36.24	39.67	38.96
17.	RODRIGUEZ DOMINGUEZ, F.	04	C. N. PONTEAREAS	2:28.08	16,00	30.30	36.25	40.33	41.20
18.	FRAGA VISOS, Teo	08	CIDADE SANTIAGO	2:41.62	15,00	34.32	40.53	43.19	43.58

Prueba 6
10/12/2022 - 10:52

Fem., 200m Mariposa

Open femenino
Resultados

RG 2:11.57 , VILAS VIDAL, MARIA RIVEIRA 20/12/2014

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:20.51	35,00	31.85	35.38	36.25	37.03
2.	MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	2:21.78	32,00	31.92	36.34	37.41	36.11
3.	ORTIZ DE GUINEA BASTON, A97		C. N. PONTEAREAS	2:27.96	30,00	32.67	37.53	38.67	39.09
4.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:30.95	29,00	32.40	37.59	1:21.12	
5.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	2:33.07	28,00	32.84	37.93	40.80	41.50
6.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:34.90	27,00	33.39	38.68	40.72	42.11
7.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	2:37.26	26,00	34.29	39.47	41.17	42.33
8.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:39.24	25,00	33.52	38.71	42.05	44.96
9.	MARTINEZ ZABALA, Sunai	07	C. N. PABELLON	2:45.18	24,00	35.15	41.46	44.69	43.88
10.	GARCÍA NAYA, Irene	06	C. N. ARTEIXO	2:52.07	23,00	35.77	41.04	46.70	48.56
11.	MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	2:53.08	22,00	36.96	42.63	45.68	47.81
12.	TEIJEIRO SABORIDO, Cayetar	06	VIGO RIAS BAIXAS	2:57.47	21,00	37.37	44.09	46.89	49.12
13.	ALVAREZ GARCIA, Mencia	10	C. N. PABELLON	3:04.31	20,00	39.61	46.80	51.44	46.46
14.	ESTEVEZ BASTERO, Ana	05	VIGO RIAS BAIXAS	3:05.90	19,00	40.69	46.76	48.87	49.58
DSQ	OZORES CHOUZA, Lara	06	S. DEP. BOIRO		1,00				

Viraje irregular

Prueba 7
10/12/2022 - 11:00

Masc., 100m Braza

Open masculino
Resultados

RG 1:01.31 , GARCIA SOTO, MARCOS CNFERRO 28/12/2016

Clasificación	AN		Tiempo	PUNTOS	50m	100m	
1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	1:03.12	35,00	29.48	33.64
2.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	1:04.57	32,00	29.98	34.59
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	1:06.45	30,00	30.84	35.61
4.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	1:07.79	29,00	31.56	36.23
5.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	1:08.03	28,00	31.54	36.49
6.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	1:08.17	27,00	32.19	35.98
7.	LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	1:08.26	26,00	31.67	36.59
8.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	1:08.61	25,00	32.13	36.48
9.	VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	1:08.64	24,00	31.63	37.01
10.	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	1:09.87	23,00	32.64	37.23
11.	SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	1:10.08	22,00	32.68	37.40
12.	DOPICO REY, Anton	97	C. N. FERROL	1:10.43	21,00	32.50	37.93
13.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	1:10.78	20,00	32.71	38.07
14.	GUTIERREZ MARIÑO, Santiago	02	C. N. PABELLON	1:11.03	19,00	33.35	37.68
15.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	1:12.21	18,00	34.84	37.37
16.	POMBO LOPEZ, Sergio	91	C. FLUVIAL LUGO	1:12.63	17,00	33.90	38.73
17.	LOPEZ FERNANDEZ, Martin	04	C. N. PABELLON	1:14.51	16,00	34.86	39.65
18.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	1:14.86	15,00	35.25	39.61
19.	GONZALEZ PREGO, Xose	08	C. N. CORUÑA	1:16.94	14,00	36.36	40.58
20.	BARCALA RIVEIRO, Brais	05	S. DEP. BOIRO	1:28.94	13,00	41.33	47.61
DSQ	MORENO TEIJEIRO, Hugo <i>Viraje irregular</i>	05	C. FLUVIAL LUGO	-			
DSQ	MUNIN CANDAL, Alex <i>Nado irregular</i>	05	CIDADE SANTIAGO	-			

Prueba 8
10/12/2022 - 11:10

Fem., 100m Braza

Open femenino
Resultados

RG 1:07.80 , PEREZ FDEZ.DE CORDOBA, AURORA NCORUÑA 18/04/2009

Clasificación	AN		TiempPUNTOS	50m	100m
1. MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	1:14.09 35,00	35.22	38.87
2. LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	1:15.71 32,00	35.21	40.50
3. CONS GESTIDO, Henar Diana	02	RCN VIGO	1:18.23 30,00	36.52	41.71
4. PAZOS IGLESIAS, Elisa	09	RCN VIGO	1:20.31 29,00	37.98	42.33
5. LOPEZ-FREIRE FRANCIJA, Carmen	07	C. N. PORTAMIÑA	1:20.88 28,00	37.33	43.55
6. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	1:22.34 27,00	39.18	43.16
7. SANTISO PRADO, Ana Maria	96	C. N. PABELLON	1:22.53 26,00	38.29	44.24
8. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	1:23.24 25,00	39.64	43.60
9. CIVEIRA CORRAL, Nerea	04	C. N. PABELLON	1:24.26 24,00	39.51	44.75
10. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	1:24.88 23,00	40.74	44.14
11. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	1:26.34 22,00	40.24	46.10
12. RAMOS MÍGUEZ, Leyre	06	S. DEP. BOIRO	1:29.71 21,00	42.56	47.15
13. PIÑEIRO FERNANDEZ, Antia	08	VIGO RIAS BAIXAS	1:30.61 20,00	42.13	48.48
14. YERA REGUEIRA, Teresa	07	C. N. CORUÑA	1:33.23 19,00	44.10	49.13
15. GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	1:37.72 18,00	46.29	51.43

Prueba 9
10/12/2022 - 11:16

Masc., 1500m Libre

Open masculino
Resultados

RG 15:10.59 , BRION SAMPEDRO, IVAN RIVEIRA 27/11/2009

Clasificación

			AN				Tiempo		PUNTOS			
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		16:18.69	35,00					
	100m:	1:00.01	1:00.01	500m:	5:20.39	1:05.29	900m:	9:46.49	1:06.48	1300m:	14:12.41	1:06.64
	200m:	2:04.49	1:04.48	600m:	6:26.62	1:06.23	1000m:	10:53.00	1:06.51	1400m:	15:17.44	1:05.03
	300m:	3:09.75	1:05.26	700m:	7:33.65	1:07.03	1100m:	11:59.24	1:06.24	1500m:	16:18.69	1:01.25
	400m:	4:15.10	1:05.35	800m:	8:40.01	1:06.36	1200m:	13:05.77	1:06.53			
2.	MOURE DOVAL, Jose		99	C. N. PABELLON		16:20.32	32,00					
	100m:	1:00.32	1:00.32	500m:	5:23.36	1:06.30	900m:	9:50.66	1:07.44	1300m:	14:11.98	1:04.52
	200m:	2:04.91	1:04.59	600m:	6:29.90	1:06.54	1000m:	10:58.20	1:07.54	1400m:	15:17.43	1:05.45
	300m:	3:10.91	1:06.00	700m:	7:35.98	1:06.08	1100m:	12:03.66	1:05.46	1500m:	16:20.32	1:02.89
	400m:	4:17.06	1:06.15	800m:	8:43.22	1:07.24	1200m:	13:07.46	1:03.80			
3.	RAMOS PEREZ, Nicolas Anton		06	C. N. FERROL		16:20.79	30,00					
	100m:	1:00.20	1:00.20	500m:	5:21.11	1:05.37	900m:	9:46.74	1:06.68	1300m:	14:11.30	1:05.69
	200m:	2:05.06	1:04.86	600m:	6:26.72	1:05.61	1000m:	10:53.11	1:06.37	1400m:	15:17.37	1:06.07
	300m:	3:10.22	1:05.16	700m:	7:33.77	1:07.05	1100m:	11:58.94	1:05.83	1500m:	16:20.79	1:03.42
	400m:	4:15.74	1:05.52	800m:	8:40.06	1:06.29	1200m:	13:05.61	1:06.67			
4.	FERNANDEZ NIETO, Cristian		92	C. N. GALAICO		16:20.80	29,00					
	100m:	1:02.33	1:02.33	500m:	5:24.13	1:05.68	900m:	9:47.38	1:05.93	1300m:	14:12.15	1:06.18
	200m:	2:07.30	1:04.97	600m:	6:29.68	1:05.55	1000m:	10:53.17	1:05.79	1400m:	15:18.26	1:06.11
	300m:	3:13.16	1:05.86	700m:	7:35.58	1:05.90	1100m:	11:59.58	1:06.41	1500m:	16:20.80	1:02.54
	400m:	4:18.45	1:05.29	800m:	8:41.45	1:05.87	1200m:	13:05.97	1:06.39			
5.	CIVEIRA CORRAL, Raul		02	C. N. PABELLON		16:22.06	28,00					
	100m:	1:01.20	1:01.20	500m:	5:21.24	1:05.50	900m:	9:44.38	1:05.72	1300m:	14:10.24	1:07.10
	200m:	2:05.93	1:04.73	600m:	6:27.05	1:05.81	1000m:	10:50.60	1:06.22	1400m:	15:17.41	1:07.17
	300m:	3:10.33	1:04.40	700m:	7:32.80	1:05.75	1100m:	11:56.47	1:05.87	1500m:	16:22.06	1:04.65
	400m:	4:15.74	1:05.41	800m:	8:38.66	1:05.86	1200m:	13:03.14	1:06.67			
6.	PEREZ FERNANDEZ, Brais		07	C. N. PORTAMIÑA		16:43.56	27,00					
	100m:	1:02.11	1:02.11	500m:	5:30.55	1:07.47	900m:	10:02.17	1:08.46	1300m:	14:32.25	1:06.94
	200m:	2:08.73	1:06.62	600m:	6:37.81	1:07.26	1000m:	11:09.54	1:07.37	1400m:	15:39.61	1:07.36
	300m:	3:15.31	1:06.58	700m:	7:45.50	1:07.69	1100m:	12:16.96	1:07.42	1500m:	16:43.56	1:03.95
	400m:	4:23.08	1:07.77	800m:	8:53.71	1:08.21	1200m:	13:25.31	1:08.35			
7.	MANEIROS PAZ, Mario		06	C. N. FERROL		16:43.87	26,00					
	100m:	1:00.24	1:00.24	500m:	5:21.93	1:06.16	900m:	9:54.03	1:08.84	1300m:	14:31.41	1:08.94
	200m:	2:04.71	1:04.47	600m:	6:29.22	1:07.29	1000m:	11:02.94	1:08.91	1400m:	15:38.94	1:07.53
	300m:	3:09.84	1:05.13	700m:	7:37.00	1:07.78	1100m:	12:12.52	1:09.58	1500m:	16:43.87	1:04.93
	400m:	4:15.77	1:05.93	800m:	8:45.19	1:08.19	1200m:	13:22.47	1:09.95			
8.	TIMIRAOS FERNANDEZ, Marcos		05	C. N. PORTAMIÑA		16:50.41	25,00					
	100m:	1:03.08	1:03.08	500m:	5:32.46	1:07.54	900m:	10:03.90	1:07.96	1300m:	14:37.19	1:08.09
	200m:	2:10.13	1:07.05	600m:	6:40.16	1:07.70	1000m:	11:12.08	1:08.18	1400m:	15:44.95	1:07.76
	300m:	3:17.22	1:07.09	700m:	7:47.96	1:07.80	1100m:	12:20.42	1:08.34	1500m:	16:50.41	1:05.46
	400m:	4:24.92	1:07.70	800m:	8:55.94	1:07.98	1200m:	13:29.10	1:08.68			
9.	GONZALEZ ESTEVEZ, Yoel		07	C. N. PONTEAREAS		16:50.49	24,00					
	100m:	1:04.64	1:04.64	500m:	5:40.09	1:09.25	900m:	10:12.66	1:08.04	1300m:	14:41.73	1:07.02
	200m:	2:12.68	1:08.04	600m:	6:49.02	1:08.93	1000m:	11:20.10	1:07.44	1400m:	15:48.42	1:06.69
	300m:	3:21.48	1:08.80	700m:	7:56.48	1:07.46	1100m:	12:27.17	1:07.07	1500m:	16:50.49	1:02.07
	400m:	4:30.84	1:09.36	800m:	9:04.62	1:08.14	1200m:	13:34.71	1:07.54			

Prueba 9, Masc., 1500m Libre, Open masculino

Clasificación			AN			Tiempo		PUNTOS				
10.	PASTORIZA SANTA CLARA, Jorge		97	VIGO RIAS BAIXAS		17:05.65	23,00					
	100m:	1:02.90	1:02.90	500m:	5:32.15	1:07.76	900m:	10:09.44	1:10.62	1300m:	14:48.84	1:09.55
	200m:	2:09.95	1:07.05	600m:	6:40.42	1:08.27	1000m:	11:19.25	1:09.81	1400m:	15:57.91	1:09.07
	300m:	3:17.09	1:07.14	700m:	7:49.35	1:08.93	1100m:	12:29.28	1:10.03	1500m:	17:05.65	1:07.74
	400m:	4:24.39	1:07.30	800m:	8:58.82	1:09.47	1200m:	13:39.29	1:10.01			
11.	PEREZ PAZ, Dario		05	C. N. PONTEAREAS		17:20.47	22,00					
	100m:	1:02.33	1:02.33	500m:	5:40.59	1:10.65	900m:	10:21.62	1:09.71	1300m:	15:01.75	1:10.42
	200m:	2:10.86	1:08.53	600m:	6:51.37	1:10.78	1000m:	11:31.38	1:09.76	1400m:	16:11.67	1:09.92
	300m:	3:20.03	1:09.17	700m:	8:01.46	1:10.09	1100m:	12:41.57	1:10.19	1500m:	17:20.47	1:08.80
	400m:	4:29.94	1:09.91	800m:	9:11.91	1:10.45	1200m:	13:51.33	1:09.76			
12.	POMBO LOPEZ, Sergio		91	C. FLUVIAL LUGO		17:26.58	21,00					
	100m:	1:05.09	1:05.09	500m:	5:43.54	1:10.21	900m:	10:25.60	1:10.40	1300m:	15:08.02	1:10.58
	200m:	2:13.65	1:08.56	600m:	6:54.19	1:10.65	1000m:	11:35.92	1:10.32	1400m:	16:18.12	1:10.10
	300m:	3:23.25	1:09.60	700m:	8:04.41	1:10.22	1100m:	12:46.59	1:10.67	1500m:	17:26.58	1:08.46
	400m:	4:33.33	1:10.08	800m:	9:15.20	1:10.79	1200m:	13:57.44	1:10.85			
13.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA		17:28.80	20,00					
	100m:	1:03.23	1:03.23	500m:	5:43.01	1:10.56	900m:	10:25.57	1:11.30	1300m:	15:11.03	1:10.82
	200m:	2:12.06	1:08.83	600m:	6:53.34	1:10.33	1000m:	11:36.51	1:10.94	1400m:	16:21.60	1:10.57
	300m:	3:22.18	1:10.12	700m:	8:03.99	1:10.65	1100m:	12:48.22	1:11.71	1500m:	17:28.80	1:07.20
	400m:	4:32.45	1:10.27	800m:	9:14.27	1:10.28	1200m:	14:00.21	1:11.99			
14.	INFESTAS CARAZO, Samuel		03	RCN VIGO		17:29.17	19,00					
	100m:	1:04.48	1:04.48	500m:	5:42.71	1:10.69	900m:	10:25.76	1:12.29	1300m:	15:11.37	1:10.83
	200m:	2:12.38	1:07.90	600m:	6:52.85	1:10.14	1000m:	11:36.80	1:11.04	1400m:	16:22.03	1:10.66
	300m:	3:22.10	1:09.72	700m:	8:02.98	1:10.13	1100m:	12:48.47	1:11.67	1500m:	17:29.17	1:07.14
	400m:	4:32.02	1:09.92	800m:	9:13.47	1:10.49	1200m:	14:00.54	1:12.07			
15.	PEREZ GARCIA, Iker		07	C. N. GALAICO		17:33.87	18,00					
	100m:	1:02.52	1:02.52	500m:	5:41.03	1:10.96	900m:	10:27.31	1:11.70	1300m:	15:13.45	1:10.44
	200m:	2:11.10	1:08.58	600m:	6:53.00	1:11.97	1000m:	11:39.15	1:11.84	1400m:	16:25.59	1:12.14
	300m:	3:20.01	1:08.91	700m:	8:04.22	1:11.22	1100m:	12:51.37	1:12.22	1500m:	17:33.87	1:08.28
	400m:	4:30.07	1:10.06	800m:	9:15.61	1:11.39	1200m:	14:03.01	1:11.64			
16.	SANLÉS DIESTE, Hugo		04	S. DEP. BOIRO		17:37.05	17,00					
	100m:	1:02.95	1:02.95	500m:	5:35.81	1:08.89	900m:	10:58.44	1:49.82	1300m:	15:50.18	1:13.32
	200m:	2:10.42	1:07.47	600m:	6:45.71	1:09.90	1000m:	12:10.68	1:12.24	1400m:	17:02.66	1:12.48
	300m:	3:18.49	1:08.07	700m:	7:56.84	1:11.13	1100m:	13:23.43	1:12.75	1500m:	17:37.05	34.39
	400m:	4:26.92	1:08.43	800m:	9:08.62	1:11.78	1200m:	14:36.86	1:13.43			
17.	MORENO TEIJEIRO, Andre		07	C. FLUVIAL LUGO		17:41.89	16,00					
	100m:	1:03.54	1:03.54	500m:	5:43.16	1:10.98	900m:	10:30.82	1:12.80	1300m:	15:19.65	1:12.34
	200m:	2:11.76	1:08.22	600m:	6:54.12	1:10.96	1000m:	11:42.98	1:12.16	1400m:	16:32.19	1:12.54
	300m:	3:21.31	1:09.55	700m:	8:06.02	1:11.90	1100m:	12:55.54	1:12.56	1500m:	17:41.89	1:09.70
	400m:	4:32.18	1:10.87	800m:	9:18.02	1:12.00	1200m:	14:07.31	1:11.77			
18.	RUBIO RUBIRA, Ivan		74	C. N. ARTEIXO		17:42.63	15,00					
	100m:	1:04.76	1:04.76	500m:	5:48.33	1:11.61	900m:	10:35.48	1:12.12	1300m:	15:21.57	1:11.30
	200m:	2:14.37	1:09.61	600m:	6:59.92	1:11.59	1000m:	11:47.36	1:11.88	1400m:	16:32.78	1:11.21
	300m:	3:25.26	1:10.89	700m:	8:11.88	1:11.96	1100m:	12:58.86	1:11.50	1500m:	17:42.63	1:09.85
	400m:	4:36.72	1:11.46	800m:	9:23.36	1:11.48	1200m:	14:10.27	1:11.41			
19.	REY MUNIN, Tomas		06	CIDADE SANTIAGO		18:05.29	14,00					
	100m:	1:05.89	1:05.89	500m:	5:53.90	1:12.54	900m:	10:46.59	1:13.57	1300m:	15:39.93	1:13.33
	200m:	2:16.26	1:10.37	600m:	7:06.74	1:12.84	1000m:	12:00.36	1:13.77	1400m:	16:54.13	1:14.20
	300m:	3:28.23	1:11.97	700m:	8:19.53	1:12.79	1100m:	13:13.29	1:12.93	1500m:	18:05.29	1:11.16
	400m:	4:41.36	1:13.13	800m:	9:33.02	1:13.49	1200m:	14:26.60	1:13.31			

Prueba 9, Masc., 1500m Libre, Open masculino

Clasificación	AN		TiempoPUNTOS									
20. ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	18:17.06	13,00								
100m:	1:06.59	1:06.59	500m:	5:55.46	1:12.62	900m:	10:49.58	1:14.60	1300m:	15:49.22	1:15.62	
200m:	2:18.02	1:11.43	600m:	7:08.83	1:13.37	1000m:	12:04.73	1:15.15	1400m:	17:04.57	1:15.35	
300m:	3:30.36	1:12.34	700m:	8:21.86	1:13.03	1100m:	13:19.45	1:14.72	1500m:	18:17.06	1:12.49	
400m:	4:42.84	1:12.48	800m:	9:34.98	1:13.12	1200m:	14:33.60	1:14.15				
21. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	18:37.02	12,00								
100m:	1:10.44	1:10.44	500m:	6:07.72	1:14.65	900m:	11:08.03	1:15.48	1300m:	16:10.38	1:14.91	
200m:	2:24.25	1:13.81	600m:	7:22.81	1:15.09	1000m:	12:24.01	1:15.98	1400m:	17:25.57	1:15.19	
300m:	3:38.41	1:14.16	700m:	8:37.39	1:14.58	1100m:	13:40.13	1:16.12	1500m:	18:37.02	1:11.45	
400m:	4:53.07	1:14.66	800m:	9:52.55	1:15.16	1200m:	14:55.47	1:15.34				
Baja enf. ARIETTO GARCIA, Jorge	86	RCN VIGO										

Prueba 10
10/12/2022 - 12:25

Fem., 4 x 200m Libre

Absoluto Femenino
Resultados

RG 8:11.00 GALAICO GALAICO 28/12/2016

Clasificación

TiempoPUNTOS

Clasificación	Equipo	Nombre	Edad	1ª	2ª	3ª	4ª	Tiempo	Puntos	Resultado
1.	C. N. PONTEAREAS 1	C. N. PONTEAREAS		8:31.39	70,00					
		LEMOS FERNANDEZ, Iria	06	30.46	32.32	33.35	33.82			2:09.95
		FARO MARTINEZ, Carla	03	29.53	33.03	34.71	34.01			2:11.28
		CARRON MUIÑA, Carla	05	27.77	30.67	30.85	31.38			2:00.67
		CARBALLO GONZALEZ, Sofia	06	30.26	32.41	33.36	33.46			2:09.49
2.	RCN VIGO 1	RCN VIGO		8:41.30	64,00					
		RODRÍGUEZ ALONSO, Julia	05	30.51	32.82	32.84	32.45			2:08.62
		CONS GESTIDO, Henar Diana	02	29.84	33.37	34.75	34.91			2:12.87
		SOLER LOMBA, Rosalía	00	29.82	32.45	33.77	34.93			2:10.97
		CONS GESTIDO, Agueda Beatriz	00	29.97	32.31	33.10	33.46			2:08.84
3.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA		8:42.15	60,00					
		MOURENZA ROCHA, Ines	07	29.99	32.68	33.30	33.01			2:08.98
		CANDO SANTOS, Raquel	03	29.18	31.74	33.26	33.30			2:07.48
		MOURENZA ROCHA, Sofía	07	30.20	33.52	33.08	32.78			2:09.58
		SANTAS VAZQUEZ, Laura	09	32.04	34.52	35.06	34.49			2:16.11
4.	C. N. ARTEIXO 1	C. N. ARTEIXO		8:43.96	58,00					
		SÁNCHEZ BELLO, Eva	07	30.51	33.14	34.18	34.25			2:12.08
		GÓMEZ MESÍAS, Alba	00	28.18	31.64	31.91	31.41			2:03.14
		ALVITE BERGARA, Nerea	99	32.14	35.18	35.66	34.36			2:17.34
		VEIGA SOUTO, Ana	98	29.87	33.35	34.44	33.74			2:11.40
5.	VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS		8:58.19	56,00					
		ALVAREZ PAZOS, Maria	07	31.03	31.84	32.28	33.58			2:08.73
		RODRIGUEZ RODRIGUEZ, Nina	02	31.12	34.26	34.73	34.69			2:14.80
		PARDAVILA DAVILA, Ainoa	08	31.88	36.24	37.54	37.85			2:23.51
		BLANCO ROUCO, Carmen	06	29.96	33.18	34.52	33.49			2:11.15
6.	C. N. PABELLON 1	C. N. PABELLON		9:14.73	54,00					
		CAMBA PRADA, Alexia	05	30.06	32.85	33.74	33.66			2:10.31
		SANTISO PRADO, Ana Maria	96	30.30	35.19	37.21	37.24			2:19.94
		FERNANDEZ GRATEROL, Sofia Antia	07	31.41	36.03	37.66	37.29			2:22.39
		MENDEZ BERNARDEZ, Arianna	04	32.50	35.83	36.48	37.28			2:22.09
7.	S. DEP. BOIRO 1	S. DEP. BOIRO		9:31.46	52,00					
		OUVIÑA PICOS, Nadiuska	10	30.12	34.39	36.65	35.76			2:16.92
		VILARNOVO SUÁREZ, Noelia	06	32.36	35.35	36.29	36.83			2:20.83
		SÁNCHEZ TOJA, Candela	08	32.97	36.46	38.25	37.69			2:25.37
		PÉREZ LORENZO, Celia	07	31.76	38.32	39.64	38.62			2:28.34
8.	C. N. CORUÑA 1	C. N. CORUÑA		9:50.06	50,00					
		FERNANDEZ AGUION, Sara	07	31.39	34.77	36.74	36.46			2:19.36
		CANALDA RAMOS, Laura	09	31.07	34.06	35.48	34.85			2:15.46
		VILLAR ARCEO, Iria	08	35.37	39.60	41.49	40.79			2:37.25
		YERA REGUEIRA, Teresa	07	36.23	40.06	41.28	40.42			2:37.99

Prueba 11
10/12/2022 - 12:40

Masc., 4 x 100m Libre

Absoluto Masculino
Resultados

RG 3:24.09 CNFERRO CNFERRO 27/12/2008

Clasificación

TiempoPUNTOS

Clasificación	Equipo	Nombre	Sexo	Edad	Tempo	Puntos	Tempo	Puntos
1.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA			3:29.29	70,00		
	NOVO LOPEZ, Brais	VAZQUEZ LOPEZ, Martin	03	25.20	52.50	03	23.83	50.56
	RODRIGUEZ SANCOSMED, Pablo	DIAZ- BECERRA LOPEZ, Anton	03	25.41	52.59	05	25.56	53.64
2.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO			3:31.40	64,00		
	GOMEZ TOJO, Ander	ALVAREZ FERNANDEZ, Borja	05	25.40	52.76	96	24.50	52.70
	PARDO PERNAS, Martin	TEIJEIRO PRADO, Xoel	02	25.16	53.16	06	25.03	52.78
3.	C. N. PABELLON 1	C. N. PABELLON			3:31.80	60,00		
	MOURE DOVAL, Jose	QUIROGA RAMOS, Yago	99	25.03	52.24	05	25.07	53.13
	CIVEIRA CORRAL, Raul	CIVEIRA CORRAL, Samuel	02	26.01	53.05	02	25.10	53.38
4.	C. N. GALAICO 1	C. N. GALAICO			3:35.19	58,00		
	JUNCAL MOREIRA, Pablo	UCHA NIETO, Jacobo	01	25.98	54.66	97	25.59	53.83
	SANCHEZ LOUZAN, Daniel	BOUZAS PEDREIRA, Tomas	98	24.12	51.29	98	25.74	55.41
5.	C. N. FERROL 1	C. N. FERROL			3:38.29	56,00		
	SEJO BERMUDEZ, Daniel	TABEIRA OLASCOAGA, Tadeo	04	26.32	54.47	07	25.91	54.34
	NAVARRO LOSADA, Sergi	RAMOS PEREZ, Nicolas Anton	07	25.93	54.41	06	26.25	55.07
6.	C. N. ARTEIXO 1	C. N. ARTEIXO			3:38.38	54,00		
	GARCÍA CASTRO, Mateo	SUÁREZ COSTA, Luis	05	26.52	54.93	96	26.43	56.23
	DEL RIO REGUEIRA, Marcos	GÓMEZ MESÍAS, Miguel Ángel	93	25.53	53.92	03	25.06	53.30
7.	S. DEP. BOIRO 1	S. DEP. BOIRO			3:40.05	52,00		
	PÉREZ LORENZO, Manuel	DAVILA LUSTRES, Manuel	05	25.70	53.25	96	25.96	56.86
	SANLÉS DIESTE, Hugo	BRIÓN SAMPEDRO, Carlos	04	25.17	53.08	97	26.58	56.86
8.	C. N. PONTEAREAS 1	C. N. PONTEAREAS			3:43.49	50,00		
	COSTA FERNANDEZ, Lucas	PINO LORENZO, Brais	98	26.22	55.05	01	25.83	55.94
	MARTINEZ MARTINEZ, Marcos	CANCELA GOMEZ, Hugo	03	27.29	56.37	03	26.56	56.13
9.	VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS			3:44.38	48,00		
	MENDEZ PUGA, Mario	MASSO ROIG, Martin	03	26.31	53.20	07	27.89	57.40
	ALONSO VIDAL, Teo	PASTORIZA SANTA CLARA, Jorge	07	26.98	56.89	97	27.17	56.89
10.	RCN VIGO 1	RCN VIGO			3:46.79	46,00		
	PEREZ TIERRA, Ismael	CIDRÁS PÉREZ, Fabián	02	26.48	55.15	05	27.28	58.86
	PAZOS IGLESIAS, André	DOMÍNGUEZ FERNÁNDEZ, Pablo	07	26.69	55.91	01	26.14	56.87
11.	CIDADE SANTIAGO 1	CIDADE SANTIAGO			3:51.93	44,00		
	ORECHIA, Agustín	MUNIN CANDAL, Alex	06	26.55	54.76	05	28.74	1:01.44
	SUAREZ RIPOLL, Xian	MEIJEDE GIADAS, Diego	03	27.50	58.26	00	27.25	57.47
12.	C. N. CORUÑA 1	C. N. CORUÑA			4:08.19	42,00		
	GOMEZ LIMIA, Pablo	GONZALEZ PREGO, Xose	06	27.39	57.49	08	31.33	1:04.29
	LAGO CASTILLO, Diego	ALCALDE MAHIA, Jun Bin	07	29.22	1:01.48	08	30.69	1:04.93

Prueba 12
10/12/2022 - 17:00

Fem., 200m Libre

Open femenino
Resultados

RG 1:56.37 , GOMEZ CORTES, BEATRIZ GALAICO 29/11/2013

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	2:01.37	35,00	28.89	30.08	31.14	31.26
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:03.88	32,00	29.09	31.62	31.62	31.55
3.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:07.07	30,00	30.38	32.16	32.27	32.26
4.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:08.08	29,00	30.36	32.44	32.67	32.61
5.	CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	2:08.96	28,00	30.29	32.61	33.23	32.83
6.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:10.05	27,00	30.83	33.01	32.88	33.33
7.	BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	2:10.99	26,00	30.78	33.34	33.67	33.20
8.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	2:12.90	25,00	30.66	34.15	34.41	33.68
9.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:13.10	24,00	30.90	33.93	34.60	33.67
10.	LOPEZ-FREIRE FRANCIA, C.	07	C. N. PORTAMIÑA	2:16.74	23,00	31.20	34.28	35.54	35.72
11.	SEOANE BAHILLO, Sara	00	RCN VIGO	2:17.24	22,00	31.24	34.17	35.78	36.05
12.	FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	2:17.88	21,00	31.62	34.33	35.73	36.20
13.	MENDEZ BERNARDEZ, Arianr	04	C. N. PABELLON	2:22.17	20,00	33.14	36.17	36.32	36.54
14.	CIVEIRA CORRAL, Nerea	04	C. N. PABELLON	2:26.19	19,00	33.11	36.98	38.28	37.82
15.	SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	2:28.81	18,00	33.90	37.22	38.98	38.71
16.	VILLAR ARCEO, Iria	08	C. N. CORUÑA	2:35.97	17,00	35.91	39.85	40.88	39.33

Prueba 13
10/12/2022 - 17:08

Masc., 400m Estilos

Open masculino
Resultados

RG 4:17.48 , MARTÍNEZ NOVOA, MIGUEL RCNVIGO 05/01/2021

Clasificación	AN		TiempoPUNTOS								
1. MOURE DOVAL, Jose	99	C. N. PABELLON	4:32.85	35,00							
50m: 29.07 29.07	150m: 1:37.68 34.57	250m: 2:52.93 40.37	350m: 4:05.04 31.79								
100m: 1:03.11 34.04	200m: 2:12.56 34.88	300m: 3:33.25 40.32	400m: 4:32.85 27.81								
2. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	4:34.99	32,00							
50m: 29.10 29.10	150m: 1:38.22 35.94	250m: 2:52.40 40.06	350m: 4:05.12 32.17								
100m: 1:02.28 33.18	200m: 2:12.34 34.12	300m: 3:32.95 40.55	400m: 4:34.99 29.87								
3. ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	4:39.46	30,00							
50m: 28.31 28.31	150m: 1:38.40 35.91	250m: 2:53.91 40.50	350m: 4:07.82 32.92								
100m: 1:02.49 34.18	200m: 2:13.41 35.01	300m: 3:34.90 40.99	400m: 4:39.46 31.64								
4. NAVARRO LOSADA, Sergi	07	C. N. FERROL	4:43.36	29,00							
50m: 30.10 30.10	150m: 1:41.22 36.54	250m: 2:58.29 42.01	350m: 4:12.83 32.23								
100m: 1:04.68 34.58	200m: 2:16.28 35.06	300m: 3:40.60 42.31	400m: 4:43.36 30.53								
5. VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	4:44.72	28,00							
50m: 31.21 31.21	150m: 1:43.94 37.20	250m: 2:59.03 39.49	350m: 4:12.36 33.56								
100m: 1:06.74 35.53	200m: 2:19.54 35.60	300m: 3:38.80 39.77	400m: 4:44.72 32.36								
6. MARTINEZ MARTINEZ, Marcos	03	C. N. PONTEAREAS	4:46.44	27,00							
50m: 30.48 30.48	150m: 1:42.80 36.91	250m: 2:59.36 40.70	350m: 4:14.41 33.46								
100m: 1:05.89 35.41	200m: 2:18.66 35.86	300m: 3:40.95 41.59	400m: 4:46.44 32.03								
7. PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	4:51.35	26,00							
50m: 31.49 31.49	150m: 1:46.71 39.25	250m: 3:05.62 41.44	350m: 4:20.06 32.39								
100m: 1:07.46 35.97	200m: 2:24.18 37.47	300m: 3:47.67 42.05	400m: 4:51.35 31.29								
8. MANEIROS PAZ, Mario	06	C. N. FERROL	4:53.35	25,00							
50m: 30.77 30.77	150m: 1:44.53 37.81	250m: 3:03.23 42.93	350m: 4:21.37 34.10								
100m: 1:06.72 35.95	200m: 2:20.30 35.77	300m: 3:47.27 44.04	400m: 4:53.35 31.98								
9. VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	4:54.19	24,00							
50m: 30.50 30.50	150m: 1:45.51 39.07	250m: 3:05.79 41.67	350m: 4:22.03 32.73								
100m: 1:06.44 35.94	200m: 2:24.12 38.61	300m: 3:49.30 43.51	400m: 4:54.19 32.16								
10. PASTORIZA SANTACLARA, Jorge	97	VIGO RIAS BAIXAS	4:57.65	23,00							
50m: 32.23 32.23	150m: 1:47.88 37.82	250m: 3:07.45 42.59	350m: 4:24.48 34.16								
100m: 1:10.06 37.83	200m: 2:24.86 36.98	300m: 3:50.32 42.87	400m: 4:57.65 33.17								
11. VARELA PASANDÍN, Manuel	06	C. N. ARTEIXO	4:59.89	22,00							
50m: 31.32 31.32	150m: 1:47.28 40.43	250m: 3:08.14 44.01	350m: 4:26.99 35.23								
100m: 1:06.85 35.53	200m: 2:24.13 36.85	300m: 3:51.76 43.62	400m: 4:59.89 32.90								
12. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	5:03.19	21,00							
50m: 31.85 31.85	150m: 1:50.99 41.21	250m: 3:11.08 41.43	350m: 4:29.64 35.70								
100m: 1:09.78 37.93	200m: 2:29.65 38.66	300m: 3:53.94 42.86	400m: 5:03.19 33.55								
13. PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	5:04.31	20,00							
50m: 31.81 31.81	150m: 1:50.56 41.25	250m: 3:10.54 40.14	350m: 4:28.93 37.72								
100m: 1:09.31 37.50	200m: 2:30.40 39.84	300m: 3:51.21 40.67	400m: 5:04.31 35.38								
14. VARELA PASANDÍN, Alejandro	06	C. N. ARTEIXO	5:08.02	19,00							
50m: 31.32 31.32	150m: 1:50.41 42.14	250m: 3:13.08 43.73	350m: 4:33.12 36.30								
100m: 1:08.27 36.95	200m: 2:29.35 38.94	300m: 3:56.82 43.74	400m: 5:08.02 34.90								
15. INFESTAS CARAZO, Samuel	03	RCN VIGO	5:14.07	18,00							
50m: 33.52 33.52	150m: 1:55.20 41.56	250m: 3:18.18 43.00	350m: 4:38.42 36.13								
100m: 1:13.64 40.12	200m: 2:35.18 39.98	300m: 4:02.29 44.11	400m: 5:14.07 35.65								

Prueba 13, Masc., 400m Estilos, Open masculino

Clasificación	AN		TiempoPUNTOS								
16. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	5:18.26	17,00							
50m: 31.83 31.83	150m: 1:49.52	38.95	250m: 3:17.72	49.32	350m: 4:42.50	36.29					
100m: 1:10.57 38.74	200m: 2:28.40	38.88	300m: 4:06.21	48.49	400m: 5:18.26	35.76					
17. FRAGA VISOS, Teo	08	CIDADE SANTIAGO	5:18.32	16,00							
50m: 33.15 33.15	150m: 1:53.44	41.29	250m: 3:19.52		350m: 4:42.26	36.88					
100m: 1:12.15 39.00	200m:		300m: 4:05.38	45.86	400m: 5:18.32	36.06					
DSQ QUIROGA RAMOS, Yago	05	C. N. PABELLON		-							
<i>Viraje irregular</i>											
DSQ ROCHA GONZALEZ, Olivier	08	C. N. GALAICO		-							
<i>Nado irregular</i>											
Baja enf. ARIETTO GARCIA, Jorge	86	RCN VIGO		-							

Prueba 14
10/12/2022 - 17:30

Fem., 50m Mariposa

Open femenino
Resultados

RG 27.81 , GARCIA SILVA ANTIA GALAICO 29/12/2021

Clasificación	AN		Tiempo	PUNTOS
1. LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	29.20	35,00
2. SOLER LOMBA, Rosalía	00	RCN VIGO	29.45	32,00
3. RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	29.86	30,00
4. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	30.07	29,00
5. FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	30.26	28,00
6. SANTISO PRADO, Ana Maria	96	C. N. PABELLON	30.68	27,00
7. CONS GESTIDO, Henar Diana	02	RCN VIGO	30.99	26,00
8. OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	31.67	25,00
9. FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	32.38	24,00
10. GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	32.69	23,00
11. SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	33.25	22,00
12. TEIJEIRO SABORIDO, Cayetana	06	VIGO RIAS BAIXAS	33.69	21,00
13. CASTRO DIAZ, Iria	03	C. N. PORTAMIÑA	34.04	20,00
14. MENDEZ BERNARDEZ, Arianna	04	C. N. PABELLON	34.71	19,00
15. ARRUÑADA VAZQUEZ, Carmen	10	C. N. CORUÑA	39.83	18,00

Prueba 15
10/12/2022 - 17:33

Masc., 50m Mariposa

Open masculino
Resultados

RG 23.31 , GARCIA SOTO, MARCOS CNFERRO 30/12/2015

Clasificación	AN		Tiempo	PUNTOS
1. VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	24.60	35,00
2. TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	26.29	32,00
3. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	26.43	30,00
4. PEREZ TIERRA, Ismael	02	RCN VIGO	26.48	29,00
5. DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	26.76	28,00
6. CIVEIRA CORRAL, Samuel	02	C. N. PABELLON	26.87	27,00
7. UCHA NIETO, Jacobo	97	C. N. GALAICO	26.88	26,00
8. JUNCAL MOREIRA, Pablo	01	C. N. GALAICO	27.17	25,00
9. RODRIGUEZ DOMINGUEZ, Fco. Javier	04	C. N. PONTEAREAS	27.26	24,00
10. LOSADA JIMENEZ, Alvaro	99	C. N. FERROL	27.32	23,00
11. BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	27.65	22,00
12. ACEVEDO MENDEZ, Gabriel	06	C. N. PONTEAREAS	27.70	21,00
13. ARENAS FRANCO, Jose Antonio	04	C. N. PABELLON	27.89	20,00
14. RUIBAL CABALLERO, Manuel Fco. CIDRÁS PÉREZ, Fabián	03 05	C. N. ARTEIXO RCN VIGO	27.92 27.92	18,50 18,50
16. DAVILA LUSTRES, Manuel	96	S. DEP. BOIRO	28.09	17,00
17. MEIJIDE GIADAS, Diego	00	CIDADE SANTIAGO	29.13	16,00
18. MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	30.49	15,00
19. GONZÁLEZ BORGES, David	03	VIGO RIAS BAIXAS	32.47	14,00
20. FOLGUEIRA DIAZ, Miguel	05	C. FLUVIAL LUGO	32.54	13,00
21. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	33.34	12,00
DSQ CAROU VIDELA, Mauro <i>Nado irregular</i>	93	S. DEP. BOIRO		-
DNS Balsa VIGO, Javier <i>No presntado</i>	05	C. N. CORUÑA		-
Baja enf. PASSARETTI PEREIRA, Alejandro	98	CIDADE SANTIAGO		-

Prueba 16
10/12/2022 - 17:38

Fem., 200m Braza

Open femenino
Resultados

RG 2:25.29 , GOMEZ CORTES, BEATRIZ GALAICO 29/12/2011

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:34.63	35,00	35.34	39.32	39.86	40.11
2.	SARAIVA HAGE, Andrea C.	05	RCN VIGO	2:50.00	32,00	38.67	43.38	43.86	44.09
3.	PAZOS IGLESIAS, Elisa	09	RCN VIGO	2:50.47	30,00	37.94	43.16	44.80	44.57
4.	ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	2:52.75	29,00	39.78	43.77	44.95	44.25
5.	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	2:53.28	28,00	39.43	43.61	45.16	45.08
6.	MARTINEZ ZABALA, Sunai	07	C. N. PABELLON	2:54.80	27,00	40.17	43.91	44.91	45.81
7.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:57.60	26,00	40.71	44.99	45.65	46.25
8.	SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO	3:01.43	25,00	42.15	46.32	46.81	46.15
9.	CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	3:04.27	24,00	41.53	46.05	47.94	48.75
10.	ALVAREZ GARCIA, Mencia	10	C. N. PABELLON	3:09.87	23,00	43.37	48.18	49.19	49.13
11.	RAMOS MÍGUEZ, Leyre	06	S. DEP. BOIRO	3:11.46	22,00	44.50	47.93	49.05	49.98
12.	PIÑEIRO FERNANDEZ, Antia	08	VIGO RIAS BAIXAS	3:11.77	21,00	43.01	48.65	50.19	49.92
13.	PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	3:16.39	20,00	43.71	50.40	51.28	51.00
14.	GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	3:23.90	19,00	45.91	52.24	52.91	52.84

Prueba 17
10/12/2022 - 17:45

Masc., 200m Braza

Open masculino
Resultados

RG 2:10.13 , LEIRO ALVAREZ, LUIS RCNVIGO 27/11/2009

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:19.49	35,00	31.60	35.33	36.05	36.51
2.	MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	2:25.25	32,00	33.73	37.79	36.95	36.78
3.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:25.70	30,00	32.71	37.01	37.50	38.48
4.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	2:26.02	29,00	33.12	37.68	38.24	36.98
5.	PEDROUZO ARES, Javier	00	C. N. PORTAMIÑA	2:28.74	28,00	33.49	38.27	38.39	38.59
6.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:31.14	27,00	33.87	38.25	39.36	39.66
7.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:31.55	26,00	33.51	38.22	39.44	40.38
8.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:31.69	25,00	34.82	39.13	39.66	38.08
9.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:32.32	24,00	34.56	39.49	39.74	38.53
10.	AGROMAYOR DEL RIO, Miguel	06	C. N. PABELLON	2:33.10	23,00	34.99	39.50	39.67	38.94
11.	SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	2:33.36	22,00	34.63	39.14	39.88	39.71
12.	VAZQUEZ FERNANDEZ, N.	06	C. N. GALAICO	2:34.04	21,00	32.95	38.96	40.60	41.53
13.	DOMÍNGUEZ FERNÁNDEZ, P.	01	RCN VIGO	2:34.51	20,00	33.75	38.61	40.65	41.50
14.	MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	2:34.61	19,00	34.94	39.75	39.90	40.02
15.	POMBO LOPEZ, Sergio	91	C. FLUVIAL LUGO	2:35.90	18,00	36.33	40.05	39.76	39.76
16.	DOPICO REY, Anton	97	C. N. FERROL	2:36.25	17,00	34.87	40.05	41.19	40.14
17.	RODRIGUEZ DEL RIO, Miguel	06	C. N. PABELLON	2:36.37	16,00	34.48	39.63	41.29	40.97
18.	ROCHA GONZALEZ, Olivier	08	C. N. GALAICO	2:38.79	15,00	36.23	40.71	40.97	40.88
19.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:38.85	14,00	36.26	40.62	41.10	40.87
20.	ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	2:43.24	13,00	36.85	41.68	42.21	42.50
21.	MUNIN CANDAL, Alex	05	CIDADE SANTIAGO	2:46.00	12,00	37.03	42.23	43.52	43.22
DSQ	GONZALEZ PREGO, Xose	08	C. N. CORUÑA		1,00				

Salida anticipada

Prueba 18
10/12/2022 - 17:55

Fem., 1500m Libre

Open femenino
Resultados

RG 15:46.06 , VILAS VIDAL, MARIA RIVEIRA 12/12/2014

Clasificación	AN		TiempoPUNTOS									
1. ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	17:44.43	35,00	100m: 1:05.99	1:05.99	500m: 5:48.35	1:11.04	900m: 10:33.37	1:12.10	1300m: 15:21.36	1:12.07
					200m: 2:16.20	1:10.21	600m: 6:58.55	1:10.20	1000m: 11:45.20	1:11.83	1400m: 16:33.32	1:11.96
					300m: 3:26.44	1:10.24	700m: 8:09.61	1:11.06	1100m: 12:57.49	1:12.29	1500m: 17:44.43	1:11.11
					400m: 4:37.31	1:10.87	800m: 9:21.27	1:11.66	1200m: 14:09.29	1:11.80		
2. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	18:23.27	32,00	100m: 1:11.03	1:11.03	500m: 6:05.19	1:13.61	900m: 11:01.10	1:14.14	1300m: 15:57.98	1:14.26
					200m: 2:24.61	1:13.58	600m: 7:19.18	1:13.99	1000m: 12:15.67	1:14.57	1400m: 17:12.26	1:14.28
					300m: 3:37.66	1:13.05	700m: 8:33.12	1:13.94	1100m: 13:29.55	1:13.88	1500m: 18:23.27	1:11.01
					400m: 4:51.58	1:13.92	800m: 9:46.96	1:13.84	1200m: 14:43.72	1:14.17		
3. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	18:23.97	30,00	100m: 1:10.46	1:10.46	500m: 6:05.56	1:13.66	900m: 11:01.52	1:13.59	1300m: 15:59.06	1:14.78
					200m: 2:23.77	1:13.31	600m: 7:19.58	1:14.02	1000m: 12:15.87	1:14.35	1400m: 17:13.81	1:14.75
					300m: 3:37.53	1:13.76	700m: 8:33.97	1:14.39	1100m: 13:29.21	1:13.34	1500m: 18:23.97	1:10.16
					400m: 4:51.90	1:14.37	800m: 9:47.93	1:13.96	1200m: 14:44.28	1:15.07		
4. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	18:47.00	29,00	100m: 1:10.15	1:10.15	500m: 6:10.13	1:15.20	900m: 11:13.08	1:15.79	1300m: 16:16.42	1:16.18
					200m: 2:24.68	1:14.53	600m: 7:26.14	1:16.01	1000m: 12:28.57	1:15.49	1400m: 17:32.76	1:16.34
					300m: 3:39.80	1:15.12	700m: 8:41.79	1:15.65	1100m: 13:44.22	1:15.65	1500m: 18:47.00	1:14.24
					400m: 4:54.93	1:15.13	800m: 9:57.29	1:15.50	1200m: 15:00.24	1:16.02		
5. VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	18:57.64	28,00	100m: 1:11.53	1:11.53	500m: 6:20.35	1:17.25	900m: 11:26.46	1:16.45	1300m: 16:29.53	1:15.61
					200m: 2:28.09	1:16.56	600m: 7:37.74	1:17.39	1000m: 12:42.70	1:16.24	1400m: 17:45.13	1:15.60
					300m: 3:45.63	1:17.54	700m: 8:53.93	1:16.19	1100m: 13:58.09	1:15.39	1500m: 18:57.64	1:12.51
					400m: 5:03.10	1:17.47	800m: 10:10.01	1:16.08	1200m: 15:13.92	1:15.83		
6. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	19:17.60	27,00	100m: 1:12.44	1:12.44	500m: 6:20.38	1:17.11	900m: 11:28.83	1:17.05	1300m: 16:41.19	1:18.57
					200m: 2:29.68	1:17.24	600m: 7:37.49	1:17.11	1000m: 12:46.49	1:17.66	1400m: 17:59.89	1:18.70
					300m: 3:46.54	1:16.86	700m: 8:54.61	1:17.12	1100m: 14:04.41	1:17.92	1500m: 19:17.60	1:17.71
					400m: 5:03.27	1:16.73	800m: 10:11.78	1:17.17	1200m: 15:22.62	1:18.21		
7. FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON	19:43.15	26,00	100m: 1:12.12	1:12.12	500m: 6:26.99	1:19.72	900m: 11:46.63	1:19.91	1300m: 17:07.75	1:20.20
					200m: 2:29.51	1:17.39	600m: 7:46.82	1:19.83	1000m: 13:07.24	1:20.61	1400m: 18:27.64	1:19.89
					300m: 3:48.29	1:18.78	700m: 9:07.11	1:20.29	1100m: 14:27.16	1:19.92	1500m: 19:43.15	1:15.51
					400m: 5:07.27	1:18.98	800m: 10:26.72	1:19.61	1200m: 15:47.55	1:20.39		
8. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	19:58.58	25,00	100m: 1:15.11	1:15.11	500m: 6:32.67	1:19.93	900m: 11:56.34	1:20.85	1300m: 17:22.22	1:21.48
					200m: 2:34.12	1:19.01	600m: 7:53.47	1:20.80	1000m: 13:18.22	1:21.88	1400m: 18:41.64	1:19.42
					300m: 3:53.12	1:19.00	700m: 9:14.33	1:20.86	1100m: 14:39.30	1:21.08	1500m: 19:58.58	1:16.94
					400m: 5:12.74	1:19.62	800m: 10:35.49	1:21.16	1200m: 16:00.74	1:21.44		
9. VARELA IGLESIAS, Ana	08	RCN VIGO	20:05.21	24,00	100m: 1:12.93	1:12.93	500m: 6:29.48	1:19.97	900m: 11:48.15	1:22.05	1300m: 17:20.00	1:22.35
					200m: 2:30.79	1:17.86	600m: 7:48.44	1:18.96	1000m: 13:11.42	1:23.27	1400m: 18:44.42	1:24.42
					300m: 3:50.05	1:19.26	700m: 9:06.83	1:18.39	1100m: 14:34.88	1:23.46	1500m: 20:05.21	1:20.79
					400m: 5:09.51	1:19.46	800m: 10:26.10	1:19.27	1200m: 15:57.65	1:22.77		

Prueba 18, Fem., 1500m Libre, Open femenino

Clasificación	AN		TiempoPUNTOS									
10. SANCHEZ JUANE, Maica	07	C. N. PABELLON	20:10.01	23,00								
100m:	1:14.07	1:14.07	500m:	6:32.21	1:20.61	900m:	11:57.61	1:21.42	1300m:	17:25.49	1:22.43	
200m:	2:32.57	1:18.50	600m:	7:53.08	1:20.87	1000m:	13:19.43	1:21.82	1400m:	18:48.83	1:23.34	
300m:	3:51.72	1:19.15	700m:	9:14.70	1:21.62	1100m:	14:41.06	1:21.63	1500m:	20:10.01	1:21.18	
400m:	5:11.60	1:19.88	800m:	10:36.19	1:21.49	1200m:	16:03.06	1:22.00				
11. LOPEZ MONTALVO, Sara	07	C. N. PORTAMIÑA	20:11.84	22,00								
100m:	1:14.33	1:14.33	500m:	6:36.60	1:20.90	900m:	12:01.71	1:21.53	1300m:	17:27.97	1:21.72	
200m:	2:34.17	1:19.84	600m:	7:57.40	1:20.80	1000m:	13:22.60	1:20.89	1400m:	18:50.90	1:22.93	
300m:	3:55.21	1:21.04	700m:	9:18.99	1:21.59	1100m:	14:44.33	1:21.73	1500m:	20:11.84	1:20.94	
400m:	5:15.70	1:20.49	800m:	10:40.18	1:21.19	1200m:	16:06.25	1:21.92				
12. NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	20:21.05	21,00								
100m:	1:15.68	1:15.68	500m:	6:38.89	1:21.39	900m:	12:07.32	1:22.37	1300m:	17:38.85	1:21.90	
200m:	2:35.95	1:20.27	600m:	8:00.65	1:21.76	1000m:	13:30.48	1:23.16	1400m:	19:01.48	1:22.63	
300m:	3:56.21	1:20.26	700m:	9:22.65	1:22.00	1100m:	14:53.67	1:23.19	1500m:	20:21.05	1:19.57	
400m:	5:17.50	1:21.29	800m:	10:44.95	1:22.30	1200m:	16:16.95	1:23.28				
13. RAMOS MÍGUEZ, Leyre	06	S. DEP. BOIRO	20:35.59	20,00								
100m:	1:15.91	1:15.91	500m:	6:41.86	1:21.25	900m:	12:13.45	1:22.66	1300m:	17:49.23	1:24.53	
200m:	2:37.78	1:21.87	600m:	8:04.58	1:22.72	1000m:	13:37.26	1:23.81	1400m:	19:12.78	1:23.55	
300m:	3:59.23	1:21.45	700m:	9:27.66	1:23.08	1100m:	15:00.76	1:23.50	1500m:	20:35.59	1:22.81	
400m:	5:20.61	1:21.38	800m:	10:50.79	1:23.13	1200m:	16:24.70	1:23.94				
DSQ CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS		1,00								
<i>Salida anticipada</i>												

Prueba 19
10/12/2022 - 18:45

Masc., 4 x 200m Libre

Absoluto Masculino
Resultados

RG 7:31.38 POURENSE POURENSE 16/12/2005

Clasificación

TiempoPUNTOS

Clasificación	Equipo	Puntos	Nombre	05	02	96	06	03	03	03	03	00	05	02	99	07	07	06	06	92	07	98	06	03	05	93	06	03	07	98	03	07	05	04	97	06
1.	C. FLUVIAL LUGO 1	70,00	C. FLUVIAL LUGO	7:41.39	25.92	29.54	29.85	29.27	1:54.58	GOMEZ TOJO, Ander	05	26.18	28.66	29.21	29.21	1:53.26	PARDO PERNAS, Martin	02	26.20	29.16	29.93	29.47	1:54.76	ALVAREZ FERNANDEZ, Borja	96	26.83	29.94	30.89	31.13	1:58.79	TEJEIRO PRADO, Xoel	06				
2.	C. N. PORTAMIÑA 1	64,00	C. N. PORTAMIÑA	7:44.66	25.59	29.85	29.94	28.47	1:53.85	VAZQUEZ LOPEZ, Martin	03	25.86	29.20	30.22	29.63	1:54.91	NOVO LOPEZ, Brais	03	25.84	29.01	29.96	29.83	1:54.64	RODRIGUEZ SANCOSMED, Pablo	03	27.50	30.57	31.91	31.28	2:01.26	VAZQUEZ LIZ, Alejandro	03				
3.	C. N. PABELLON 1	60,00	C. N. PABELLON	7:47.98	27.42	30.30	31.17	31.23	2:00.12	QUIROGA RAMOS, Noel	00	26.70	29.75	30.88	30.74	1:58.07	QUIROGA RAMOS, Yago	05	26.69	29.63	30.38	29.73	1:56.43	CIVEIRA CORRAL, Raul	02	25.76	28.25	29.61	29.74	1:53.36	MOURE DOVAL, Jose	99				
4.	C. N. FERROL 1	58,00	C. N. FERROL	7:54.88	27.49	30.33	30.79	29.95	1:58.56	NAVARRO LOSADA, Sergi	07	28.13	30.00	31.23	30.07	1:59.43	TABEIRA OLASCOAGA, Tadeo	07	27.25	30.17	31.49	30.77	1:59.68	MANEIROS PAZ, Mario	06	26.36	29.84	30.65	30.36	1:57.21	RAMOS PEREZ, Nicolas Anton	06				
5.	C. N. GALAICO 1	56,00	C. N. GALAICO	7:58.91	28.02	30.41	31.05	30.62	2:00.10	FERNANDEZ NIETO, Cristian	92	26.81	31.37	32.64	31.87	2:02.69	PEREZ GARCIA, Iker	07	26.05	29.15	30.10	29.46	1:54.76	SANCHEZ LOUZAN, Daniel	98	27.90	31.10	31.34	31.02	2:01.36	VAZQUEZ COSTA, Miguel	06				
6.	C. N. ARTEIXO 1	54,00	C. N. ARTEIXO	7:58.96	27.20	30.46	32.38	31.98	2:02.02	GÓMEZ MESÍAS, Miguel Ángel	03	26.48	29.27	30.09	29.39	1:55.23	GARCÍA CASTRO, Mateo	05	26.54	29.79	30.83	30.87	1:58.03	DEL RIO REGUEIRA, Marcos	93	28.45	31.57	32.12	31.54	2:03.68	VARELA PASANDÍN, Manuel	06				
7.	VIGO RIAS BAIXAS 1	52,00	VIGO RIAS BAIXAS	8:05.23	27.20	30.59	29.81	30.05	1:57.65	MENDEZ PUGA, Mario	03	28.27	31.19	31.65	31.61	2:02.72	MASSO ROIG, Martin	07	28.59	31.35	32.14	31.30	2:03.38	ALONSO VIDAL, Teo	07	27.83	30.43	32.04	31.18	2:01.48	PASTORIZA SANTACLARA, Jorge	97				
8.	C. N. PONTEAREAS 1	50,00	C. N. PONTEAREAS	8:06.68	28.47	31.43	31.42	31.09	2:02.41	GONZALEZ ESTEVEZ, Yoel	07	26.37	30.84	32.00	30.67	1:59.88	COSTA FERNANDEZ, Lucas	98	27.31	30.74	31.37	31.67	2:01.09	MARTINEZ MARTINEZ, Marcos	03	27.07	30.68	32.67	32.88	2:03.30	FARO MARTINEZ, Yoel	07				
9.	S. DEP. BOIRO 1	48,00	S. DEP. BOIRO	8:12.81	27.22	29.42	30.09	30.96	1:57.69	PÉREZ LORENZO, Manuel	05	26.33	29.64	30.53	30.75	1:57.25	SANLÉS DIESTE, Hugo	04	29.99	32.28	32.26	31.55	2:06.08	BRIÓN SAMPEDRO, Carlos	97	28.94	33.44	35.01	34.40	2:11.79	ABELLEIRA GÓMEZ, Miguel A.	06				

Prueba 19, Masc., 4 x 200m Libre, Absoluto Masculino

Clasificación		TiempoPUNTOS				
10.	CIDADE SANTIAGO 1		CIDADE SANTIAGO	8:29.90	46,00	
	REY MUNIN, Tomas	06	30.13	33.53	34.51	34.46
	ORECHIA, Agustín	06	27.05	30.63	31.37	30.12
	MEIJIDE GIADAS, Diego	00	28.37	31.84	34.67	36.54
	SUAREZ RIPOLL, Xian	03	28.77	32.47	32.84	32.60
11.	RCN VIGO 1		RCN VIGO	8:30.04	44,00	
	ARIETTO GARCIA, Jorge	86	29.78	32.48	32.68	32.92
	PAZOS IGLESIAS, André	07	27.81	32.50	33.84	33.41
	CIDRÁS PÉREZ, Fabián	05	28.48	32.60	34.12	33.39
	INFESTAS CARAZO, Samuel	03	28.50	32.45	33.39	31.69
12.	C. N. CORUÑA 1		C. N. CORUÑA	9:07.36	42,00	
	LAGO CASTILLO, Diego	07	30.82	35.17	36.07	35.34
	ALCALDE MAHIA, Jun Bin	08	33.10	36.97	38.55	36.94
	GONZALEZ PREGO, Xose	08	32.23	35.15	36.41	35.08
	GOMEZ LIMIA, Pablo	06	28.10	31.84	33.54	32.05

Prueba 20
10/12/2022 - 19:05

Fem., 4 x 100m Libre

Absoluto Femenino
Resultados

RG 3:50.03 GALAICO GALAICO 29/12/2016

Clasificación

TiempoPUNTOS

1.	C. N. PONTEAREAS 1				C. N. PONTEAREAS	3:57.43	70,00		
	LEMOS FERNANDEZ, Iria	06	28.37	59.07	CARRON MUIÑA, Carla	05	27.09	56.91	
	BORGE JUSTE, Ines	06	28.40	1:00.54	FARO MARTINEZ, Carla	03	28.91	1:00.91	
2.	RCN VIGO 1				RCN VIGO	4:03.37	64,00		
	RODRÍGUEZ ALONSO, Julia	05	29.23	1:00.23	SOLER LOMBA, Rosalía	00	29.54	1:01.32	
	CONS GESTIDO, Victoria Anna	05	28.53	1:01.86	CONS GESTIDO, Henar Diana	02	29.09	59.96	
3.	C. N. ARTEIXO 1				C. N. ARTEIXO	4:04.40	60,00		
	SÁNCHEZ BELLO, Eva	07	29.37	1:01.22	FOLGUEIRA SUÁREZ, Tamara	94	29.59	1:04.00	
	GÓMEZ MESÍAS, Alba	00	27.73	57.72	VEIGA SOUTO, Ana	98	29.38	1:01.46	
4.	C. N. PORTAMIÑA 1				C. N. PORTAMIÑA	4:04.52	58,00		
	MOURENZA ROCHA, Sofia	07	29.43	1:00.30	CANDO SANTOS, Raquel	03	29.02	1:00.51	
	MOURENZA ROCHA, Ines	07	29.13	1:01.04	LOPEZ-FREIRE FRANCIA, Carmen	07	30.25	1:02.67	
5.	VIGO RIAS BAIXAS 1				VIGO RIAS BAIXAS	4:09.14	56,00		
	ALVAREZ PAZOS, Maria	07	29.17	1:00.11	TEJEIRO SABORIDO, Cayetana	06	31.64	1:06.22	
	RODRIGUEZ RODRIGUEZ, Nina	02	29.14	1:01.45	BLANCO ROUCO, Carmen	06	29.10	1:01.36	
6.	C. N. PABELLON 1				C. N. PABELLON	4:17.29	54,00		
	CAMBA PRADA, Alexia	05	29.50	1:01.10	SANTISO PRADO, Ana Maria	96	30.11	1:03.15	
	MENDEZ BERNARDEZ, Arianna	04	30.98	1:05.22	CIVEIRA CORRAL, Nerea	04	32.47	1:07.82	
7.	S. DEP. BOIRO 1				S. DEP. BOIRO	4:26.59	52,00		
	OUVIÑA PICOS, Nadiuska	10	29.54	1:01.70	OZORES CHOUZA, Lara	06	31.91	1:08.39	
	VILARNOVO SUÁREZ, Noelia	06	31.44	1:05.93	RAMOS MÍGUEZ, Leyre	06	33.97	1:10.57	
8.	C. N. CORUÑA 1				C. N. CORUÑA	4:34.73	50,00		
	CANALDA RAMOS, Laura	09	30.01	1:02.74	ARRUÑADA VAZQUEZ, Carmen	10	37.22	1:15.06	
	VILLAR ARCEO, Iria	08	35.05	1:13.11	FERNANDEZ AGUION, Sara	07	30.73	1:03.82	

Prueba 21
11/12/2022 - 10:00

Fem., 4 x 50m Estilos

Absoluto Femenino
Resultados

RG 1:57.13 NCORUÑA NCORUÑA 18/04/2009

Clasificación

TiempoPUNTOS

1.	C. N. PONTEAREAS 1			C. N. PONTEAREAS	2:01.30	70,00	
	EIJO GIL, Naiara	06	31.39	FARO MARTINEZ, Carla		03	30.02
	LEMONS FERNANDEZ, Iria	06	33.23	CARRON MUIÑA, Carla		05	26.66
2.	RCN VIGO 1			RCN VIGO	2:04.24	64,00	
	SOLER LOMBA, Rosalía	00	31.52	RODRÍGUEZ ALONSO, Julia		05	29.82
	CONS GESTIDO, Henar Diana	02	35.02	CONS GESTIDO, Victoria Anna		05	27.88
3.	C. N. PORTAMIÑA 1			C. N. PORTAMIÑA	2:05.94	60,00	
	CANDO SANTOS, Raquel	03	33.27	MOURENZA ROCHA, Ines		07	29.84
	MOURENZA ROCHA, Sofia	07	34.13	LOPEZ-FREIRE FRANCIA, Carmen		07	28.70
4.	C. N. ARTEIXO 1			C. N. ARTEIXO	2:07.32	58,00	
	SÁNCHEZ BELLO, Eva	07	31.88	GÓMEZ MESÍAS, Alba		00	28.35
	CARBALLIDO NAYA, Claudia	07	38.52	VEIGA SOUTO, Ana		98	28.57
5.	C. N. PABELLON 1			C. N. PABELLON	2:07.94	56,00	
	CAMBA PRADA, Alexia	05	31.95	FEJOO GOMEZ, Eva		04	30.16
	SANTISO PRADO, Ana Maria	96	36.12	MENDEZ BERNARDEZ, Arianna		04	29.71
6.	S. DEP. BOIRO 1			S. DEP. BOIRO	2:13.90	54,00	
	OUVIÑA PICOS, Nadiuska	10	32.93	GONZÁLEZ OJEA, Carmen		06	32.44
	SÁNCHEZ TOJA, Candela	08	38.60	VILARNOVO SUÁREZ, Noelia		06	29.93
7.	C. N. CORUÑA 1			C. N. CORUÑA	2:26.03	52,00	
	CANALDA RAMOS, Laura	09	33.78	ARRUÑADA VAZQUEZ, Carmen		10	39.24
	YERA REGUEIRA, Teresa	07	43.06	FERNANDEZ AGUION, Sara		07	29.95
DSQ	VIGO RIAS BAIXAS 1			VIGO RIAS BAIXAS		1,00	
	<i>Salida Anticipada</i>						
	BLANCO ROUCO, Carmen, ALVAREZ PAZOS, Maria, RODRIGUEZ RODRIGUEZ, Nina, TEIJEIRO SABORIDO, Cayetana						

Prueba 22
11/12/2022 - 10:05

Masc., 4 x 50m Estilos

Absoluto Masculino
Resultados

RG 1:41.65 ARZUA ARZUA 28/12/2019

Clasificación

TiempoPUNTOS

Clasificación	Equipo	Tiempo	Puntos
1.	C. N. PORTAMIÑA 1 VAZQUEZ LOPEZ, Martin 03 NOVO LOPEZ, Brais 03	C. N. PORTAMIÑA 25.62 BALBOA BLANCO, Ivan 94 29.03 RODRIGUEZ SANCOSMED, Pablo 03	1:45.00 70,00 26.37 23.98
2.	C. N. GALAICO 1 SANCHEZ LOUZAN, Daniel 98 LEAL FERNANDEZ, Cibran 00	C. N. GALAICO 25.94 UCHA NIETO, Jacobo 97 30.76 BOUZAS PEDREIRA, Tomas 98	1:47.74 64,00 26.25 24.79
3.	C. N. FERROL 1 NAVARRO LOSADA, Sergi 07 SEJO BERMUDEZ, Daniel 04	C. N. FERROL 27.35 LOSADA JIMÉNEZ, Sergio 04 30.82 RAMOS PEREZ, Nicolas Anton 06	1:48.68 60,00 25.96 24.55
4.	C. FLUVIAL LUGO 1 ALVAREZ FERNANDEZ, Borja 96 GOMEZ TOJO, Ander 05	C. FLUVIAL LUGO 27.61 TEJUIRO PRADO, Xuel 06 31.09 PARDO PERNAS, Martin 02	1:49.48 58,00 25.91 24.87
5.	C. N. ARTEIXO 1 GÓMEZ MESÍAS, Miguel Ángel 03 SUÁREZ COSTA, Luis 96	C. N. ARTEIXO 28.25 DEL RIO REGUEIRA, Ruben 93 31.54 DEL RIO REGUEIRA, Marcos 93	1:50.34 56,00 26.45 24.10
6.	C. N. PABELLON 1 QUIROGA RAMOS, Yago 05 CIVEIRA CORRAL, Samuel 02	C. N. PABELLON 28.19 MOURE DOVAL, Jose 99 31.73 CIVEIRA CORRAL, Raul 02	1:50.45 54,00 26.62 23.91
7.	RCN VIGO 1 ÁLVAREZ VÁZQUEZ, Gael 07 DOMÍNGUEZ FERNÁNDEZ, Pablo 01	RCN VIGO 30.30 PEREZ TIERRA, Ismael 02 30.86 PAZOS IGLESIAS, André 07	1:52.89 52,00 26.77 24.96
8.	C. N. PONTEAREAS 1 GONZALEZ ESTEVEZ, Yoel 07 FARO MARTINEZ, Yoel 07	C. N. PONTEAREAS 29.41 RODRIGUEZ DOMINGUEZ, Fco. Jav04 31.25 PINO LORENZO, Brais 01	1:52.99 50,00 26.41
9.	CIDADE SANTIAGO 1 SUAREZ RIPOLL, Xian 03 PARCERO AREOSO, Xuel 07	CIDADE SANTIAGO 30.54 ORECHIA, Agustín 06 31.55 MEIJIDE GIADAS, Diego 00	1:54.88 48,00 26.38 26.41
10.	S. DEP. BOIRO 1 NOVO BELLO, Manuel 98 PÉREZ LORENZO, Manuel 05	S. DEP. BOIRO 32.62 SANLÉS DIESTE, Hugo 04 29.32 MAYO MAROÑAS, Jacobo 93	1:55.98 46,00 27.20 26.84
11.	VIGO RIAS BAIXAS 1 PIÑEIRO RODRIGUEZ, Samuel 07 PASTORIZA SANTA CLARA, Jorge97	VIGO RIAS BAIXAS 31.11 ALONSO VIDAL, Teo 07 32.27 MASSO ROIG, Martin 07	1:59.83 44,00 29.59 26.86
12.	C. N. CORUÑA 1 GOMEZ LIMIA, Pablo 06 LAGO CASTILLO, Diego 07	C. N. CORUÑA 30.78 ALCALDE MAHIA, Jun Bin 08 33.33 GONZALEZ PREGO, Xose 08	2:06.94 42,00 33.51 29.32

Prueba 23
11/12/2022 - 10:15

Fem., 400m Libre

Open femenino
Resultados

RG 4:04.11 , GOMEZ CORTES, BEATRIZ GALAICO 24/11/2012

Clasificación	AN				TiempoPUNTOS											
1. ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	4:36.62	35,00	50m:	31.65	31.65	150m:	1:40.93	34.79	250m:	2:51.35	35.16	350m:	4:02.10	35.32
					100m:	1:06.14	34.49	200m:	2:16.19	35.26	300m:	3:26.78	35.43	400m:	4:36.62	34.52
2. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	4:45.18	32,00	50m:	32.60	32.60	150m:	1:42.32	35.00	250m:	2:54.59	36.53	350m:	4:08.54	36.84
					100m:	1:07.32	34.72	200m:	2:18.06	35.74	300m:	3:31.70	37.11	400m:	4:45.18	36.64
3. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	4:45.55	30,00	50m:	33.07	33.07	150m:	1:44.76	35.93	250m:	2:56.92	36.15	350m:	4:10.03	36.63
					100m:	1:08.83	35.76	200m:	2:20.77	36.01	300m:	3:33.40	36.48	400m:	4:45.55	35.52
4. SEOANE BAHILLO, Sara	00	RCN VIGO	4:49.68	29,00	50m:	33.16	33.16	150m:	1:45.51	36.20	250m:	2:58.28	36.54	350m:	4:13.23	37.55
					100m:	1:09.31	36.15	200m:	2:21.74	36.23	300m:	3:35.68	37.40	400m:	4:49.68	36.45
5. VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	4:52.50	28,00	50m:	33.03	33.03	150m:	1:45.56	36.70	250m:	3:00.68	37.66	350m:	4:15.58	37.25
					100m:	1:08.86	35.83	200m:	2:23.02	37.46	300m:	3:38.33	37.65	400m:	4:52.50	36.92
6. FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	4:55.35	27,00	50m:	33.42	33.42	150m:	1:46.61	37.20	250m:	3:02.06	37.79	350m:	4:18.40	37.80
					100m:	1:09.41	35.99	200m:	2:24.27	37.66	300m:	3:40.60	38.54	400m:	4:55.35	36.95
7. BABARRO LOPEZ, Maria	08	C. N. PABELLON	4:55.54	26,00	50m:	33.75	33.75	150m:	1:47.00	36.81	250m:	3:01.88	37.93	350m:	4:17.99	38.14
					100m:	1:10.19	36.44	200m:	2:23.95	36.95	300m:	3:39.85	37.97	400m:	4:55.54	37.55
8. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	4:56.44	25,00	50m:	33.64	33.64	150m:	1:46.29	36.92	250m:	3:01.78	37.94	350m:	4:18.32	38.46
					100m:	1:09.37	35.73	200m:	2:23.84	37.55	300m:	3:39.86	38.08	400m:	4:56.44	38.12
9. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	4:59.22	24,00	50m:	34.04	34.04	150m:	1:48.40	37.42	250m:	3:04.65	38.15	350m:	4:21.99	38.52
					100m:	1:10.98	36.94	200m:	2:26.50	38.10	300m:	3:43.47	38.82	400m:	4:59.22	37.23
10. FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON	5:01.92	23,00	50m:	33.50	33.50	150m:	1:49.07	38.28	250m:	3:06.87	38.70	350m:	4:25.16	39.06
					100m:	1:10.79	37.29	200m:	2:28.17	39.10	300m:	3:46.10	39.23	400m:	5:01.92	36.76
11. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	5:02.40	22,00	50m:	34.04	34.04	150m:	1:49.41	37.94	250m:	3:06.60	38.57	350m:	4:24.45	38.86
					100m:	1:11.47	37.43	200m:	2:28.03	38.62	300m:	3:45.59	38.99	400m:	5:02.40	37.95
12. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	5:02.56	21,00	50m:	33.65	33.65	150m:	1:48.67	38.23	250m:	3:06.37	39.12	350m:	4:24.43	38.95
					100m:	1:10.44	36.79	200m:	2:27.25	38.58	300m:	3:45.48	39.11	400m:	5:02.56	38.13
13. PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	5:13.13	20,00	50m:	33.47	33.47	150m:	1:51.59	39.23	250m:	3:11.71	40.46	350m:	4:33.18	40.54
					100m:	1:12.36	38.89	200m:	2:31.25	39.66	300m:	3:52.64	40.93	400m:	5:13.13	39.95
14. ESTEVEZ BASTERO, Ana	05	VIGO RIAS BAIXAS	5:36.86	19,00	50m:	37.93	37.93	150m:	2:03.29	43.62	250m:	3:28.29	42.91	350m:	4:53.99	42.82
					100m:	1:19.67	41.74	200m:	2:45.38	42.09	300m:	4:11.17	42.88	400m:	5:36.86	42.87
15. OZORES CHOUZA, Lara	06	S. DEP. BOIRO	5:37.39	18,00	50m:	34.04	34.04	150m:	1:54.28	41.35	250m:	3:22.22	44.87	350m:	4:53.63	46.07
					100m:	1:12.93	38.89	200m:	2:37.35	43.07	300m:	4:07.56	45.34	400m:	5:37.39	43.76

Prueba 24
11/12/2022 - 10:29

Masc., 800m Libre

Open masculino
Resultados

RG 7:56.75 , BRION SAMPEDRO, IVAN RIVEIRA 29/11/2009

Clasificación	AN		TiempoPUNTOS								
1. GARCÍA CASTRO, Mateo	05	C. N. ARTEIXO	8:30.60	35,00							
100m:	1:01.06	1:01.06	300m:	3:07.78	1:03.23	500m:	5:17.06	1:05.64	700m:	7:28.40	1:05.30
200m:	2:04.55	1:03.49	400m:	4:11.42	1:03.64	600m:	6:23.10	1:06.04	800m:	8:30.60	1:02.20
2. PARDO PERNAS, Martin	02	C. FLUVIAL LUGO	8:30.71	32,00							
100m:	1:01.49	1:01.49	300m:	3:09.63	1:04.19	500m:	5:18.89	1:04.91	700m:	7:29.50	1:05.21
200m:	2:05.44	1:03.95	400m:	4:13.98	1:04.35	600m:	6:24.29	1:05.40	800m:	8:30.71	1:01.21
3. RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	8:36.49	30,00							
100m:	1:00.82	1:00.82	300m:	3:10.80	1:05.12	500m:	5:22.25	1:05.79	700m:	7:33.60	1:05.88
200m:	2:05.68	1:04.86	400m:	4:16.46	1:05.66	600m:	6:27.72	1:05.47	800m:	8:36.49	1:02.89
4. FERNANDEZ NIETO, Cristian	92	C. N. GALAICO	8:41.55	29,00							
100m:	1:01.93	1:01.93	300m:	3:12.71	1:05.44	500m:	5:25.05	1:05.96	700m:	7:37.58	1:06.23
200m:	2:07.27	1:05.34	400m:	4:19.09	1:06.38	600m:	6:31.35	1:06.30	800m:	8:41.55	1:03.97
5. MANEIROS PAZ, Mario	06	C. N. FERROL	8:42.70	28,00							
100m:	1:01.09	1:01.09	300m:	3:09.31	1:04.20	500m:	5:22.62	1:07.17	700m:	7:37.78	1:07.37
200m:	2:05.11	1:04.02	400m:	4:15.45	1:06.14	600m:	6:30.41	1:07.79	800m:	8:42.70	1:04.92
6. QUIROGA RAMOS, Noel	00	C. N. PABELLON	8:45.40	27,00							
100m:	1:01.60	1:01.60	300m:	3:12.55	1:05.93	500m:	5:26.07	1:06.70	700m:	7:39.79	1:07.21
200m:	2:06.62	1:05.02	400m:	4:19.37	1:06.82	600m:	6:32.58	1:06.51	800m:	8:45.40	1:05.61
7. PEREZ FERNANDEZ, Brais	07	C. N. PORTAMIÑA	8:48.89	26,00							
100m:	1:02.02	1:02.02	300m:	3:17.11	1:07.91	500m:	5:30.68	1:06.89	700m:	7:44.43	1:06.48
200m:	2:09.20	1:07.18	400m:	4:23.79	1:06.68	600m:	6:37.95	1:07.27	800m:	8:48.89	1:04.46
8. TIMIRAO FERNANDEZ, Marcos	05	C. N. PORTAMIÑA	8:52.03	25,00							
100m:	1:03.45	1:03.45	300m:	3:18.36	1:07.71	500m:	5:33.17	1:07.35	700m:	7:47.73	1:07.13
200m:	2:10.65	1:07.20	400m:	4:25.82	1:07.46	600m:	6:40.60	1:07.43	800m:	8:52.03	1:04.30
9. GONZALEZ ESTEVEZ, Yoel	07	C. N. PONTEAREAS	8:55.22	24,00							
100m:	1:03.95	1:03.95	300m:	3:18.76	1:07.04	500m:	5:35.37	1:07.96	700m:	7:50.05	1:06.96
200m:	2:11.72	1:07.77	400m:	4:27.41	1:08.65	600m:	6:43.09	1:07.72	800m:	8:55.22	1:05.17
10. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	8:55.71	23,00							
100m:	1:03.84	1:03.84	300m:	3:18.04	1:07.53	500m:	5:32.91	1:07.04	700m:	7:49.11	1:08.15
200m:	2:10.51	1:06.67	400m:	4:25.87	1:07.83	600m:	6:40.96	1:08.05	800m:	8:55.71	1:06.60
11. PEREZ GARCIA, Iker	07	C. N. GALAICO	9:02.17	22,00							
100m:	1:03.60	1:03.60	300m:	3:20.31	1:08.35	500m:	5:37.67	1:08.66	700m:	7:55.75	1:08.89
200m:	2:11.96	1:08.36	400m:	4:29.01	1:08.70	600m:	6:46.86	1:09.19	800m:	9:02.17	1:06.42
12. GUTIERREZ MARIÑO, Santiago	02	C. N. PABELLON	9:06.01	21,00							
100m:	1:03.20	1:03.20	300m:	3:18.37	1:07.78	500m:	5:37.27	1:09.61	700m:	7:57.43	1:10.21
200m:	2:10.59	1:07.39	400m:	4:27.66	1:09.29	600m:	6:47.22	1:09.95	800m:	9:06.01	1:08.58
13. PEREZ PAZ, Dario	05	C. N. PONTEAREAS	9:07.88	20,00							
100m:	1:03.46	1:03.46	300m:	3:20.90	1:09.15	500m:	5:41.15	1:10.33	700m:	8:00.98	1:09.87
200m:	2:11.75	1:08.29	400m:	4:30.82	1:09.92	600m:	6:51.11	1:09.96	800m:	9:07.88	1:06.90
14. MORENO TEJEIRO, Andre	07	C. FLUVIAL LUGO	9:19.31	19,00							
100m:	1:03.53	1:03.53	300m:	3:21.94	1:09.96	500m:	5:44.82	1:11.83	700m:	8:09.66	1:12.72
200m:	2:11.98	1:08.45	400m:	4:32.99	1:11.05	600m:	6:56.94	1:12.12	800m:	9:19.31	1:09.65
15. INFESTAS CARAZO, Samuel	03	RCN VIGO	9:24.23	18,00							
100m:	1:06.24	1:06.24	300m:	3:27.39	1:11.85	500m:	5:50.67	1:11.45	700m:	8:14.03	1:11.49
200m:	2:15.54	1:09.30	400m:	4:39.22	1:11.83	600m:	7:02.54	1:11.87	800m:	9:24.23	1:10.20

Prueba 24, Masc., 800m Libre, Open masculino

Clasificación	AN		Tiempo	PUNTOS
16. PIÑEIRO RODRIGUEZ, Samuel	07	VIGO RIAS BAIXAS	9:31.26	17,00
100m: 1:06.75 1:06.75	300m: 3:30.31 1:12.16	500m: 5:55.91 1:12.52	700m: 8:21.89 1:13.11	
200m: 2:18.15 1:11.40	400m: 4:43.39 1:13.08	600m: 7:08.78 1:12.87	800m: 9:31.26 1:09.37	
17. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	9:44.93	16,00
100m: 1:10.06 1:10.06	300m: 3:38.73 1:14.37	500m: 6:07.77 1:13.93	700m: 8:35.29 1:14.04	
200m: 2:24.36 1:14.30	400m: 4:53.84 1:15.11	600m: 7:21.25 1:13.48	800m: 9:44.93 1:09.64	
18. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	9:48.26	15,00
100m: 1:07.45 1:07.45	300m: 3:34.68 1:14.49	500m: 6:06.08 1:16.05	700m: 8:35.96 1:15.03	
200m: 2:20.19 1:12.74	400m: 4:50.03 1:15.35	600m: 7:20.93 1:14.85	800m: 9:48.26 1:12.30	
19. FRAGA VISOS, Teo	08	CIDADE SANTIAGO	9:50.83	14,00
100m: 1:09.94 1:09.94	300m: 3:39.16 1:14.81	500m: 6:09.59 1:15.20	700m: 8:38.53 1:13.66	
200m: 2:24.35 1:14.41	400m: 4:54.39 1:15.23	600m: 7:24.87 1:15.28	800m: 9:50.83 1:12.30	
20. DÍAZ RODAS, Aarón	07	C. N. ARTEIXO	10:11.45	13,00
100m: 1:06.93 1:06.93	300m: 3:38.05 1:16.72	500m: 6:15.79 1:19.28	700m: 8:54.36 1:19.12	
200m: 2:21.33 1:14.40	400m: 4:56.51 1:18.46	600m: 7:35.24 1:19.45	800m: 10:11.45 1:17.09	
21. BARCALA RIVEIRO, Brais	05	S. DEP. BOIRO	10:32.14	12,00
100m: 1:12.80 1:12.80	300m: 3:51.84 1:20.03	500m: 6:33.71 1:20.92	700m: 9:14.81 1:20.28	
200m: 2:31.81 1:19.01	400m: 5:12.79 1:20.95	600m: 7:54.53 1:20.82	800m: 10:32.14 1:17.33	
Baja enf. SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	-	

Prueba 25
11/12/2022 - 11:00

Fem., 200m Estilos

Open femenino
Resultados

RG 2:10.93 , GOMEZ CORTES, BEATRIZ GALAICO 01/12/2013

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	2:24.37	35,00	31.25	37.94	41.98	33.20
2.	GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	2:24.58	32,00	30.34	38.11	42.84	33.29
3.	MOURENZA ROCHA, Sofia	07	C. N. PORTAMIÑA	2:25.66	30,00	32.33	38.16	40.27	34.90
4.	FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	2:25.90	29,00	31.77	38.03	41.82	34.28
5.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:31.95	28,00	32.86	38.12	47.06	33.91
6.	CAMBA PRADA, Alexia	05	C. N. PABELLON	2:32.27	27,00	34.09	37.38	47.09	33.71
7.	SANTISO PRADO, Ana Maria	96	C. N. PABELLON	2:34.99	26,00	31.71	40.17	45.69	37.42
8.	SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	2:38.28	25,00	33.89	41.81	45.85	36.73
9.	VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	2:39.35	24,00	33.22	41.47	48.65	36.01
10.	GROBA COMESAÑA, Noa	06	RCN VIGO	2:43.96	23,00	34.09	41.11	51.10	37.66
11.	TEIJEIRO SABORIDO, Cayetar	06	VIGO RIAS BAIXAS	2:52.91	22,00	38.57	43.89	53.36	37.09
12.	GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	2:53.69	21,00	34.89	44.80	50.46	43.54
13.	ARRUÑADA VAZQUEZ, C.	10	C. N. CORUÑA	3:05.81	20,00	41.37	45.84	58.06	40.54
DSQ	BORGE JUSTE, Ines	06	C. N. PONTEAREAS	-					
	<i>Nado irregular</i>								
DSQ	GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	-					
	<i>Viraje irregular</i>								

Prueba 26
11/12/2022 - 11:08

Masc., 100m Libre

Open masculino
Resultados

RG 48.62 , GARCIA SOTO, MARCOS CNFERRO 29/12/2015

Clasificación	AN		TiempPUNTOS	50m	100m
1. VAZQUEZ LOPEZ, Martin	03	C. N. PORTAMIÑA	50.81 35,00	24.48	26.33
2. SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	52.19 32,00	24.94	27.25
3. GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO	52.48 30,00	25.36	27.12
4. MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS	52.78 29,00	25.92	26.86
5. CIVEIRA CORRAL, Raul	02	C. N. PABELLON	53.00 28,00	25.51	27.49
6. DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	54.42 26,50	25.88	28.54
CIVEIRA CORRAL, Samuel	02	C. N. PABELLON	54.42 26,50	26.31	28.11
8. TEIJEIRO PRADO, Xoel	06	C. FLUVIAL LUGO	54.63 25,00	26.50	28.13
9. SANLÉS DIESTE, Hugo	04	S. DEP. BOIRO	54.86 24,00	26.02	28.84
10. UCHA NIETO, Jacobo	97	C. N. GALAICO	55.09 23,00	26.54	28.55
11. DIAZ- BECERRA LOPEZ, Anton	05	C. N. PORTAMIÑA	55.34 22,00	26.67	28.67
12. LOSADA JIMÉNEZ, Sergio	04	C. N. FERROL	55.35 21,00	26.55	28.80
13. PEREZ TIERRA, Ismael	02	RCN VIGO	55.36 20,00	26.24	29.12
14. TABELIRA OLASCOAGA, Tadeo	07	C. N. FERROL	55.40 19,00	27.01	28.39
15. PINO LORENZO, Brais	01	C. N. PONTEAREAS	55.97 18,00	26.38	29.59
16. DEL RIO REGUEIRA, Ruben	93	C. N. ARTEIXO	56.18 17,00	26.32	29.86
17. CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	56.89 16,00	26.73	30.16
18. DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	57.77 15,00	27.18	30.59
19. MEIJIDE GIADAS, Diego	00	CIDADE SANTIAGO	59.39 14,00	27.89	31.50
20. GONZÁLEZ BORGES, David	03	VIGO RIAS BAIXAS	1:00.47 13,00	28.79	31.68
21. MAYO MAROÑAS, Jacobo	93	S. DEP. BOIRO	1:00.63 12,00	29.13	31.50
22. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	1:04.60 11,00	31.07	33.53
DNS Balsa VIGO, Javier	05	C. N. CORUÑA	-		
<i>No presentado</i>					
Baja enf. PASSARETTI PEREIRA, Alejandro	98	CIDADE SANTIAGO	-		

Prueba 27
11/12/2022 - 11:15

Fem., 100m Libre

Open femenino
Resultados

RG 55.09 , GOMEZ CORTES, BEATRIZ GALAICO 30/11/2012

Clasificación	AN	Tiempo	PUNTOS	50m	100m
1. FEIJOO GOMEZ, Eva	04	C. N. PABELLON	57.49 35,00	27.95	29.54
2. CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	57.68 32,00	27.87	29.81
3. LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	57.75 30,00	28.31	29.44
4. CONS GESTIDO, Henar Diana	02	RCN VIGO	1:01.52 29,00	29.73	31.79
5. RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	1:01.77 28,00	29.82	31.95
6. CONS GESTIDO, Victoria Anna	05	RCN VIGO	1:02.46 27,00	30.14	32.32
7. LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	1:03.25 26,00	30.32	32.93
8. FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	1:04.66 25,00	30.59	34.07
9. CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	1:05.32 24,00	31.20	34.12
10. GARCÍA NAYA, Irene	06	C. N. ARTEIXO	1:06.08 23,00	31.67	34.41
11. CIVEIRA CORRAL, Nerea	04	C. N. PABELLON	1:06.96 22,00	32.18	34.78
12. PIÑEIRO FERNANDEZ, Antia	08	VIGO RIAS BAIXAS	1:07.50 21,00	32.52	34.98
13. OZORES CHOUZA, Lara	06	S. DEP. BOIRO	1:10.04 20,00	33.03	37.01
14. GARCÍA ESPAÑA, Elena	09	S. DEP. BOIRO	1:11.43 19,00	34.08	37.35
15. YERA REGUEIRA, Teresa	07	C. N. CORUÑA	1:12.25 18,00	34.66	37.59
16. VILLAR ARCEO, Iria	08	C. N. CORUÑA	1:12.61 17,00	34.21	38.40

Prueba 28
11/12/2022 - 11:20

Masc., 200m Espalda

Open masculino
Resultados

RG 1:55.19 , REGUEIRA SUAREZ, RUFINO RIVEIRA 29/11/2009

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	07	NAVARRO LOSADA, Sergi	C. N. FERROL	2:06.03	35,00	29.96	32.93	31.86	31.28
2.	06	ORECHIA, Agustín	CIDADE SANTIAGO	2:07.27	32,00	30.11	32.09	32.59	32.48
3.	05	QUIROGA RAMOS, Yago	C. N. PABELLON	2:09.62	30,00	30.87	32.64	33.43	32.68
4.	03	RODRIGUEZ SANCOSMED, P.	C. N. PORTAMIÑA	2:09.83	29,00	30.68	32.55	33.11	33.49
5.	96	ALVAREZ FERNANDEZ, Borja	C. FLUVIAL LUGO	2:10.76	28,00	29.90	33.19	33.66	34.01
6.	00	LÓPEZ ANIDO, Nelson Andrés	C. N. FERROL	2:13.37	27,00	31.31	33.52	34.12	34.42
7.	06	VARELA PASANDÍN, Manuel	C. N. ARTEIXO	2:13.92	26,00	31.76	33.36	34.34	34.46
8.	04	SANCHEZ VAZQUEZ, Antonio	C. N. PORTAMIÑA	2:14.02	25,00	30.12	33.72	34.71	35.47
9.	03	GÓMEZ MESÍAS, Miguel Ángel	C. N. ARTEIXO	2:15.72	24,00	30.65	34.21	35.43	35.43
10.	03	MARTINEZ MARTINEZ, Marcos	C. N. PONTEAREAS	2:16.36	23,00	31.96	34.37	35.32	34.71
11.	92	FERNANDEZ NIETO, Cristian	C. N. GALAICO	2:16.86	22,00	32.80	34.81	35.10	34.15
12.	04	LOPEZ FERNANDEZ, Martin	C. N. PABELLON	2:17.23	21,00	31.79	34.82	35.06	35.56
13.	07	BARROS DA SILVA, Pedro	C. N. GALAICO	2:20.76	20,00	33.23	35.42	36.26	35.85
14.	98	COSTA FERNANDEZ, Lucas	C. N. PONTEAREAS	2:20.93	19,00	32.44	36.10	36.70	35.69
15.	07	ÁLVAREZ VÁZQUEZ, Gael	RCN VIGO	2:21.37	18,00	33.03	36.14	37.61	34.59
16.	97	PASTORIZA SANTACLARA, J.	VIGO RIAS BAIXAS	2:22.85	17,00	33.54	35.38	36.92	37.01
17.	03	SUAREZ RIPOLL, Xian	CIDADE SANTIAGO	2:24.52	16,00	33.76	37.04	36.92	36.80
18.	05	NUÑEZ SUAREZ, Antón	C. FLUVIAL LUGO	2:24.56	15,00	32.71	35.80	37.48	38.57
19.	07	MASSO ROIG, Martin	VIGO RIAS BAIXAS	2:26.60	14,00	34.21	37.31	37.94	37.14
20.	86	ARIETTO GARCIA, Jorge	RCN VIGO	2:26.88	13,00	33.80	36.23	38.30	38.55
21.	06	ABELLEIRA GÓMEZ, Miguel A.	S. DEP. BOIRO	2:37.11	12,00	37.20	40.14	39.84	39.93
Baja enf.	98	NOVO BELLO, Manuel	S. DEP. BOIRO	-	-	-	-	-	-

Prueba 29
11/12/2022 - 11:32

Fem., 200m Espalda

Open femenino
Resultados

RG 2:10.70 , CERNADAS GONZALEZ ANA CFVLUGO 25/11/2022

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	2:24.89	35,00	34.27	36.83	37.23	36.56
2.	CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	2:24.99	32,00	34.61	35.80	37.30	37.28
3.	SOLER LOMBA, Rosalía	00	RCN VIGO	2:25.57	30,00	32.94	35.80	37.67	39.16
4.	ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	2:27.72	29,00	34.72	36.70	37.80	38.50
5.	EIJO GIL, Naiara	06	C. N. PONTEAREAS	2:29.26	28,00	34.27	36.81	38.45	39.73
6.	CANALDA RAMOS, Laura	09	C. N. CORUÑA	2:32.24	27,00	35.74	37.83	39.47	39.20
7.	IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	2:33.44	26,00	34.37	37.98	39.95	41.14
8.	VEIGA SOUTO, Ana	98	C. N. ARTEIXO	2:33.59	25,00	35.69	38.59	39.71	39.60
9.	MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	2:35.71	24,00	35.33	38.87	40.04	41.47
10.	OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	2:36.46	23,00	36.21	39.49	40.60	40.16
11.	BABARRO LOPEZ, Maria	08	C. N. PABELLON	2:39.32	22,00	37.35	40.19	40.77	41.01
12.	NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	2:41.58	21,00	37.55	41.74	42.34	39.95
13.	SAAVEDRA BUIDE, Paula	07	C. N. PORTAMIÑA	2:42.21	20,00	37.81	40.37	42.15	41.88
14.	REQUEJO FERNANDEZ, Irene	10	C. N. PABELLON	2:43.64	19,00	37.52	41.11	42.38	42.63
15.	VILLAR ARCEO, Iria	08	C. N. CORUÑA	2:54.98	18,00	40.83	43.73	45.87	44.55
16.	GARCÍA ESPAÑA, Elena	09	S. DEP. BOIRO	2:55.79	17,00	41.69	44.31	46.49	43.30

Prueba 30
11/12/2022 - 11:50

Masc., 4 x 50m Libre

Absoluto Masculino
Resultados

RG 1:32.03 ARZUA ARZUA 15/11/2019

Clasificación

TiempoPUNTOS

Clasificación	Equipo	Nombre	Tempo	Puntos	Resultado
1.	C. N. PORTAMIÑA 1	C. N. PORTAMIÑA	1:35.91	70,00	
	NOVO LOPEZ, Brais 03	24.48 VAZQUEZ LOPEZ, Martin 03			22.77
	RODRIGUEZ SANCOSMED, Pablo 03	24.20 BALBOA BLANCO, Ivan 94			24.46
2.	C. FLUVIAL LUGO 1	C. FLUVIAL LUGO	1:36.90	64,00	
	TEJERO PRADO, Xoel 06	24.52 GOMEZ TOJO, Ander 05			23.73
	ALVAREZ FERNANDEZ, Borja 96	24.01 PARDO PERNAS, Martin 02			24.64
3.	C. N. PABELLON 1	C. N. PABELLON	1:37.24	60,00	
	MOURE DOVAL, Jose 99	24.34 CIVEIRA CORRAL, Raul 02			23.92
	QUIROGA RAMOS, Yago 05	24.67 CIVEIRA CORRAL, Samuel 02			24.31
4.	C. N. GALAICO 1	C. N. GALAICO	1:37.77	58,00	
	UCHA NIETO, Jacobo 97	25.02 SANCHEZ LOUZAN, Daniel 98			23.41
	BOUZAS PEDREIRA, Tomas 98	24.87 JUNCAL MOREIRA, Pablo 01			24.47
5.	C. N. FERROL 1	C. N. FERROL	1:39.64	56,00	
	LOSADA JIMÉNEZ, Sergio 04	25.26 FERREIRO CASTRO, Bruno 03			25.21
	SEIJO BERMUDEZ, Daniel 04	24.44 TABELIRA OLASCOAGA, Tadeo 07			24.73
6.	C. N. ARTEIXO 1	C. N. ARTEIXO	1:40.08	54,00	
	GÓMEZ MESÍAS, Miguel Ángel 03	24.95 DEL RIO REGUEIRA, Ruben 93			25.25
	DEL RIO REGUEIRA, Marcos 93	25.01 RUIBAL CABALLERO, Manuel Fco.03			24.87
7.	C. N. PONTEAREAS 1	C. N. PONTEAREAS	1:40.51	52,00	
	RODRIGUEZ DOMINGUEZ, Fco. Jav04	25.34 ACEVEDO MENDEZ, Gabriel 06			25.49
	PINO LORENZO, Brais 01	24.36 CANCELA GOMEZ, Hugo 03			25.32
8.	VIGO RIAS BAIXAS 1	VIGO RIAS BAIXAS	1:42.61	50,00	
	PASTORIZA SANTA CLARA, Jorge97	26.04 ALONSO VIDAL, Teo 07			25.91
	MASSO ROIG, Martin 07	26.47 MENDEZ PUGA, Mario 03			24.19
9.	S. DEP. BOIRO 1	S. DEP. BOIRO	1:42.69	48,00	
	PÉREZ LORENZO, Manuel 05	24.52 BRIÓN SAMPEDRO, Carlos 97			25.43
	SANLÉS DIESTE, Hugo 04	24.55 CAROU VIDELA, Mauro 93			28.19
10.	RCN VIGO 1	RCN VIGO	1:42.78	46,00	
	PAZOS IGLESIAS, André 07	25.40 INFESTAS CARAZO, Samuel 03			26.81
	CIDRÁS PÉREZ, Fabián 05	26.17 PEREZ TIERRA, Ismael 02			24.40
11.	CIDADE SANTIAGO 1	CIDADE SANTIAGO	1:45.60	44,00	
	SUAREZ RIPOLL, Xian 03	26.97 ORECHIA, Agustín 06			25.01
	REY MUNIN, Tomas 06	27.16 MEIJIDE GIADAS, Diego 00			26.46
12.	C. N. CORUÑA 1	C. N. CORUÑA	1:52.21	42,00	
	GOMEZ LIMIA, Pablo 06	26.11 ALCALDE MAHIA, Jun Bin 08			29.38
	LAGO CASTILLO, Diego 07	27.14 GONZALEZ PREGO, Xose 08			29.58

Prueba 31
11/12/2022 - 12:00

Fem., 4 x 50m Libre

Absoluto Femenino
Resultados

RG 1:46.68 GALAICO GALAICO 26/11/2009

Clasificación

TiempoPUNTOS

Clasificación	Equipo	Tiempo	Puntos
1.	C. N. PONTEAREAS 1	1:48.55	70,00
	FARO MARTINEZ, Carla 03	27.96	05
	LEMONS FERNANDEZ, Iria 06	26.63	06
2.	RCN VIGO 1	1:51.95	64,00
	RODRÍGUEZ ALONSO, Julia 05	28.16	05
	SOLER LOMBA, Rosalía 00	28.67	02
3.	C. N. PABELLON 1	1:51.96	60,00
	FEIJOO GOMEZ, Eva 04	26.33	96
	CAMBA PRADA, Alexia 05	27.43	04
4.	C. N. ARTEIXO 1	1:53.06	58,00
	GÓMEZ MESÍAS, Alba 00	27.18	94
	SÁNCHEZ BELLO, Eva 07	28.56	98
5.	C. N. PORTAMIÑA 1	1:53.75	56,00
	LOPEZ-FREIRE FRANCIA, Carmen 07	29.20	07
	MOURENZA ROCHA, Ines 07	27.48	03
6.	VIGO RIAS BAIXAS 1	1:54.36	54,00
	ALVAREZ PAZOS, Maria 07	28.30	06
	RODRIGUEZ RODRIGUEZ, Nina 02	28.57	06
7.	S. DEP. BOIRO 1	2:00.50	52,00
	OUVIÑA PICOS, Nadiuska 10	28.26	08
	VILARNOVO SUÁREZ, Noelia 06	30.05	07
8.	C. N. CORUÑA 1	2:05.77	50,00
	CANALDA RAMOS, Laura 09	29.41	08
	FERNANDEZ AGUION, Sara 07	29.97	07

Prueba 32
11/12/2022 - 17:00

Masc., 200m Estilos

Open masculino
Resultados

RG 2:00.52 , MARTÍNEZ NOVOA, MIGUEL RCNVIGO 28/12/2019

Clasificación	AN		Tiempo	PUNTOS	50m	100m	150m	200m	
1.	MOURE DOVAL, Jose	99	C. N. PABELLON	2:07.67	35,00	28.02	32.93	38.49	28.23
2.	NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	2:07.69	32,00	28.07	34.20	35.91	29.51
3.	ALVAREZ FERNANDEZ, Borja	96	C. FLUVIAL LUGO	2:10.23	30,00	27.93	33.55	38.66	30.09
4.	SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	2:11.51	29,00	29.27	34.08	37.55	30.61
5.	ORECHIA, Agustín	06	CIDADE SANTIAGO	2:13.49	28,00	28.74	33.33	40.69	30.73
6.	PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	2:13.58	27,00	29.32	36.55	36.38	31.33
7.	VAZQUEZ LIZ, Alejandro	03	C. N. PORTAMIÑA	2:13.72	26,00	29.92	34.23	38.52	31.05
8.	GÓMEZ MESÍAS, Miguel Ángel	03	C. N. ARTEIXO	2:15.04	25,00	29.33	35.01	38.23	32.47
9.	DEL RIO REGUEIRA, Marcos	93	C. N. ARTEIXO	2:15.22	24,00	28.99	35.22	39.86	31.15
10.	CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	2:16.93	23,00	29.66	36.46	38.37	32.44
11.	QUIROGA RAMOS, Noel	00	C. N. PABELLON	2:18.11	22,00	29.29	35.25	42.19	31.38
12.	FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	2:18.73	21,00	29.48	36.57	38.90	33.78
13.	VAZQUEZ COSTA, Miguel	06	C. N. GALAICO	2:19.68	20,00	30.03	36.83	41.23	31.59
14.	MANEIRO PAZ, Mario	06	C. N. FERROL	2:20.47	19,00	30.55	35.04	42.24	32.64
15.	PARCERO AREOSO, Xoel	07	CIDADE SANTIAGO	2:21.07	18,00	30.76	37.85	38.25	34.21
16.	CIDRÁS PÉREZ, Fabián	05	RCN VIGO	2:22.98	17,00	29.80	36.62	43.06	33.50
17.	ROCHA GONZALEZ, Olivier	08	C. N. GALAICO	2:23.50	16,00	31.43	36.94	42.20	32.93
18.	MASSO ROIG, Martin	07	VIGO RIAS BAIXAS	2:25.28	15,00	31.51	36.45	46.03	31.29
19.	LAGO CASTILLO, Diego	07	C. N. CORUÑA	2:28.47	14,00	31.91	39.87	41.92	34.77
20.	INFESTAS CARAZO, Samuel	03	RCN VIGO	2:29.91	13,00	32.28	39.47	43.37	34.79
21.	GONZALEZ PREGO, Xose	08	C. N. CORUÑA	2:32.79	12,00	34.81	41.18	42.14	34.66
DSQ	GOMEZ TOJO, Ander	05	C. FLUVIAL LUGO		1,00				

Nado irregular

Prueba 33
11/12/2022 - 17:12

Fem., 100m Espalda

Open femenino
Resultados

RG 1:01.18 , CERNADAS GONZALEZ ANA CFVLUGO 28/11/2021

Clasificación	AN		TiempPUNTOS	50m	100m
1. BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	1:05.98 35,00	32.21	33.77
2. SOLER LOMBA, Rosalía	00	RCN VIGO	1:06.62 32,00	32.96	33.66
3. SÁNCHEZ BELLO, Eva	07	C. N. ARTEIXO	1:07.38 30,00	32.65	34.73
4. EIJO GIL, Naiara	06	C. N. PONTEAREAS	1:07.78 29,00	32.74	35.04
5. CAMBA PRADA, Alexia	05	C. N. PABELLON	1:08.92 28,00	33.56	35.36
6. MARTÍNEZ NOVOA, Ángela	04	RCN VIGO	1:09.32 27,00	33.03	36.29
7. VEIGA SOUTO, Ana	98	C. N. ARTEIXO	1:09.50 26,00	33.95	35.55
8. CANDO SANTOS, Raquel	03	C. N. PORTAMIÑA	1:09.68 25,00	33.97	35.71
9. CANALDA RAMOS, Laura	09	C. N. CORUÑA	1:10.42 24,00	34.01	36.41
10. IBAÑEZ CARRERA, Sara	01	C. N. PONTEAREAS	1:11.09 23,00	34.09	37.00
11. PRIETO CANTEIRO, Alba	07	C. N. PORTAMIÑA	1:13.42 22,00	35.59	37.83
12. NUÑEZ PARDO, Laura	08	VIGO RIAS BAIXAS	1:16.01 21,00	37.08	38.93
13. REQUEJO FERNANDEZ, Irene	10	C. N. PABELLON	1:17.62 20,00	37.74	39.88
14. VILLAR ARCEO, Iria	08	C. N. CORUÑA	1:17.66 19,00	37.04	40.62
15. OZORES CHOUZA, Lara	06	S. DEP. BOIRO	1:21.90 18,00	39.46	42.44
16. GARCÍA ESPAÑA, Elena	09	S. DEP. BOIRO	1:22.93 17,00	39.73	43.20

Prueba 34
11/12/2022 - 17:18

Masc., 100m Espalda

Open masculino
Resultados

RG 53.46 , PEREIRO CARRIL, OSCAR ARZUA 28/12/2013

Clasificación	AN		TiempPUNTOS	50m	100m
1.	03	C. N. PORTAMIÑA	57.62 35,00	28.58	29.04
2.	07	C. N. FERROL	58.56 32,00	28.74	29.82
3.	05	C. N. PABELLON	59.21 30,00	28.85	30.36
4.	00	C. N. FERROL	1:01.39 29,00	29.56	31.83
5.	07	C. N. PABELLON	1:01.50 28,00	29.66	31.84
6.	98	C. N. GALAICO	1:02.03 27,00	29.12	32.91
7.	06	C. N. ARTEIXO	1:02.13 26,00	30.55	31.58
8.	05	C. N. PORTAMIÑA	1:02.51 25,00	30.33	32.18
9.	98	C. N. PONTEAREAS	1:04.00 24,00	31.28	32.72
10.	03	C. N. PONTEAREAS	1:04.66 23,00	31.61	33.05
11.	07	RCN VIGO	1:04.87 22,00	31.47	33.40
12.	06	C. N. CORUÑA	1:05.72 21,00	31.97	33.75
13.	01	C. N. GALAICO	1:05.90 20,00	32.18	33.72
14.	03	CIDADE SANTIAGO	1:06.35 19,00	31.88	34.47
15.	86	RCN VIGO	1:07.01 18,00	31.98	35.03
16.	07	CIDADE SANTIAGO	1:07.14 17,00	32.80	34.34
17.	05	C. N. ARTEIXO	1:07.18 16,00	31.81	35.37
18.	07	VIGO RIAS BAIXAS	1:07.32 15,00	32.59	34.73
19.	05	C. FLUVIAL LUGO	1:09.72 14,00	34.42	35.30
20.	98	S. DEP. BOIRO	1:12.01 13,00	34.69	37.32
21.	06	S. DEP. BOIRO	1:15.34 12,00	36.52	38.82
Baja enf.	05	C. FLUVIAL LUGO	-		

Prueba 35
11/12/2022 - 17:27

Fem., 50m Libre

Open femenino
Resultados

RG	25.60	, GARCIA SILVA ANTIA	GALAICO	29/12/2021
RG	25.60	GARCIA SILVA, Antia	00784 Fluvial - Cronometraxe electró	29/12/2021

Clasificación	AN	Tiempo	PUNTOS
1. FEIJOO GOMEZ, Eva	04	C. N. PABELLON	26.41 35,00
2. CARRON MUIÑA, Carla	05	C. N. PONTEAREAS	26.61 32,00
3. ALVAREZ PAZOS, Maria	07	VIGO RIAS BAIXAS	27.83 30,00
4. RODRIGUEZ RODRIGUEZ, Nina	02	VIGO RIAS BAIXAS	27.96 29,00
5. OUVIÑA PICOS, Nadiuska	10	S. DEP. BOIRO	28.03 28,00
6. CONS GESTIDO, Victoria Anna	05	RCN VIGO	28.10 27,00
7. BORGE JUSTE, Ines	06	C. N. PONTEAREAS	28.80 26,00
8. FOLGUEIRA SUÁREZ, Tamara	94	C. N. ARTEIXO	29.12 25,00
9. LOPEZ-FREIRE FRANCIA, Carmen	07	C. N. PORTAMIÑA	29.30 24,00
10. GROBA COMESAÑA, Noa	06	RCN VIGO	29.63 23,00
11. FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	29.82 22,00
12. GARCÍA NAYA, Irene	06	C. N. ARTEIXO	30.27 21,00
13. MENDEZ BERNARDEZ, Arianna	04	C. N. PABELLON	30.38 20,00
14. SANCHEZ VAZQUEZ, Carmen	99	C. N. PORTAMIÑA	30.85 19,00
15. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	31.11 18,00
16. YERA REGUEIRA, Teresa	07	C. N. CORUÑA	32.95 17,00

Prueba 36
11/12/2022 - 17:30

Masc., 50m Libre

Open masculino
Resultados

RG 22.20 , GARCIA SOTO, MARCOS CNFERRO 30/12/2015

Clasificación	AN		Tiempo	PUNTOS
1. SANCHEZ LOUZAN, Daniel	98	C. N. GALAICO	23.96	35,00
2. RAMOS PEREZ, Nicolas Anton	06	C. N. FERROL	24.37	32,00
3. RODRIGUEZ SANCOSMED, Pablo	03	C. N. PORTAMIÑA	24.38	30,00
4. PINO LORENZO, Brais	01	C. N. PONTEAREAS	24.57	29,00
5. TABELIRA OLASCOAGA, Tadeo	07	C. N. FERROL	24.81	28,00
6. CIVEIRA CORRAL, Samuel	02	C. N. PABELLON	24.84	27,00
7. BOUZAS PEDREIRA, Tomas	98	C. N. GALAICO	25.02	26,00
8. PAZOS IGLESIAS, André	07	RCN VIGO	25.45	25,00
9. SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	25.64	24,00
10. BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	25.66	23,00
11. RUIBAL CABALLERO, Manuel Fco.	03	C. N. ARTEIXO	25.71	22,00
12. BRIÓN SAMPEDRO, Carlos	97	S. DEP. BOIRO	25.92	21,00
13. CANCELA GOMEZ, Hugo	03	C. N. PONTEAREAS	25.99	20,00
14. ALONSO VIDAL, Teo	07	VIGO RIAS BAIXAS	26.21	19,00
15. MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	26.34	18,00
16. ARENAS FRANCO, Jose Antonio	04	C. N. PABELLON	26.51	17,00
17. MEIJIDE GIADAS, Diego	00	CIDADE SANTIAGO	26.55	16,00
18. NUÑEZ SUAREZ, Antón	05	C. FLUVIAL LUGO	27.06	15,00
19. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	27.83	14,00
20. CAROU VIDELA, Mauro	93	S. DEP. BOIRO	28.61	13,00
21. ALCALDE MAHIA, Jun Bin	08	C. N. CORUÑA	30.18	12,00
DNS Balsa VIGO, Javier	05	C. N. CORUÑA		-
<i>No presentado</i>				
DNS UCHA NIETO, Jacobo	97	C. N. GALAICO		-
Baja enf. PASSARETTI PEREIRA, Alejandro	98	CIDADE SANTIAGO		-

Prueba 37
11/12/2022 - 17:35

Fem., 100m Mariposa

Open femenino
Resultados

RG 1:00.85 , GOMEZ CORTES, BEATRIZ GALAICO 27/12/2013

Clasificación	AN		TiempPUNTOS	50m	100m
1. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	1:04.83 35,00	30.35	34.48
2. RODRÍGUEZ ALONSO, Julia	05	RCN VIGO	1:05.50 32,00	30.74	34.76
3. FARO MARTINEZ, Carla	03	C. N. PONTEAREAS	1:07.35 30,00	31.58	35.77
4. ORTIZ DE GUINEA BASTON, Alba	97	C. N. PONTEAREAS	1:08.79 29,00	31.95	36.84
5. SEOANE BAHILLO, Sara	00	RCN VIGO	1:09.50 28,00	32.62	36.88
6. SANTISO PRADO, Ana Maria	96	C. N. PABELLON	1:10.24 27,00	32.14	38.10
7. VILARNOVO SUÁREZ, Noelia	06	S. DEP. BOIRO	1:10.54 26,00	33.26	37.28
8. CANALDA RAMOS, Laura	09	C. N. CORUÑA	1:12.94 25,00	34.01	38.93
9. ALVITE BERGARA, Nerea	99	C. N. ARTEIXO	1:12.98 24,00	33.40	39.58
10. VARELA PASANDÍN, Lucía	05	C. N. ARTEIXO	1:15.19 23,00	34.70	40.49
11. GONZÁLEZ OJEA, Carmen	06	S. DEP. BOIRO	1:15.83 22,00	34.94	40.89
12. TEIJEIRO SABORIDO, Cayetana	06	VIGO RIAS BAIXAS	1:18.62 21,00	36.46	42.16
13. MUÑOZ GAVINO, Paula	08	C. N. PORTAMIÑA	1:19.22 20,00	36.30	42.92
14. ALVAREZ GARCIA, Mencia	10	C. N. PABELLON	1:22.22 19,00	37.91	44.31
15. ESTEVEZ BASTERO, Ana	05	VIGO RIAS BAIXAS	1:26.77 18,00	40.74	46.03
16. ARRUÑADA VAZQUEZ, Carmen	10	C. N. CORUÑA	1:29.14 17,00	42.03	47.11

Prueba 38
11/12/2022 - 17:40

Masc., 100m Mariposa

Open masculino
Resultados

RG 52.37 , GARCIA SOTO, MARCOS CNFERRO 28/12/2015

Clasificación	AN		TiempPUNTOS	50m	100m
1.	04	C. N. FERROL	57.31 35,00	26.80	30.51
2.	06	C. FLUVIAL LUGO	58.44 32,00	27.38	31.06
3.	05	C. FLUVIAL LUGO	58.54 30,00	27.49	31.05
4.	04	C. N. PORTAMIÑA	59.38 29,00	27.73	31.65
5.	06	CIDADE SANTIAGO	1:00.21 28,00	28.34	31.87
6.	93	C. N. ARTEIXO	1:00.56 27,00	27.62	32.94
7.	02	RCN VIGO	1:00.82 26,00	28.11	32.71
8.	06	C. N. FERROL	1:01.06 25,00	28.20	32.86
9.	02	C. N. PABELLON	1:01.41 24,00	28.40	33.01
10.	06	C. N. PONTEAREAS	1:01.57 23,00	28.65	32.92
11.	06	C. N. ARTEIXO	1:02.15 22,00	28.70	33.45
12.	05	RCN VIGO	1:02.33 21,00	28.96	33.37
13.	04	C. N. PABELLON	1:02.49 20,00	28.96	33.53
14.	06	C. N. GALAICO	1:02.91 19,00	29.55	33.36
15.	04	C. N. PONTEAREAS	1:03.27 18,00	29.03	34.24
16.	07	C. N. GALAICO	1:04.01 17,00	29.89	34.12
17.	97	VIGO RIAS BAIXAS	1:04.64 16,00	30.02	34.62
18.	07	C. N. PORTAMIÑA	1:04.91 15,00	30.75	34.16
19.	08	CIDADE SANTIAGO	1:09.22 14,00	32.68	36.54
DSQ	08	C. N. CORUÑA	-		
<i>Nado irregular</i>					
Baja enf.	97	S. DEP. BOIRO	-		

Prueba 39
11/12/2022 - 17:46

Fem., 50m Braza

Open femenino
Resultados

RG 31.58 , PEREZ FDEZ.DE CORDOBA, AURORA NCORUÑA 19/04/2009

Clasificación	AN		Tiempo	PUNTOS
1. LEMOS FERNANDEZ, Iria	06	C. N. PONTEAREAS	33.59	35,00
2. CONS GESTIDO, Henar Diana	02	RCN VIGO	35.53	32,00
3. SARAIVA HAGE, Andrea C.	05	RCN VIGO	37.26	30,00
4. SANTAS VAZQUEZ, Laura	09	C. N. PORTAMIÑA	38.05	29,00
5. MARTINEZ ZABALA, Sunai	07	C. N. PABELLON	38.26	28,00
6. EIJO GIL, Naiara	06	C. N. PONTEAREAS	38.45	27,00
7. CARBALLIDO NAYA, Claudia	07	C. N. ARTEIXO	39.79	26,00
8. CASTRO DIAZ, Iria	03	C. N. PORTAMIÑA	39.85	25,00
9. SÁNCHEZ TOJA, Candela	08	S. DEP. BOIRO	39.93	24,00
10. CIVEIRA CORRAL, Nerea	04	C. N. PABELLON	40.06	23,00
11. PIÑEIRO FERNANDEZ, Antia	08	VIGO RIAS BAIXAS	41.30	22,00
12. GIRALDEZ MARTINEZ, Nerea	07	VIGO RIAS BAIXAS	45.09	21,00
DSQ SUAREZ DOSIL, Claudia	07	C. N. ARTEIXO		-
<i>Nado irregular</i>				
DNS YERA REGUEIRA, Teresa	07	C. N. CORUÑA		-
<i>No presentado</i>				
DNS PÉREZ LORENZO, Celia	07	S. DEP. BOIRO		-

Prueba 40
11/12/2022 - 17:50

Masc., 50m Braza

Open masculino
Resultados

RG 28.04 , GARCIA SOTO, MARCOS CNFERRO 30/12/2015

Clasificación	AN		Tiempo	PUNTOS
1. PÉREZ LORENZO, Manuel	05	S. DEP. BOIRO	29.45	35,00
2. NOVO LOPEZ, Brais	03	C. N. PORTAMIÑA	29.67	32,00
3. LEAL FERNANDEZ, Cibran	00	C. N. GALAICO	30.68	30,00
4. SEIJO BERMUDEZ, Daniel	04	C. N. FERROL	31.25	29,00
5. FARO MARTINEZ, Yoel	07	C. N. PONTEAREAS	31.37	28,00
6. SUÁREZ COSTA, Luis	96	C. N. ARTEIXO	31.62	27,00
7. DOMÍNGUEZ FERNÁNDEZ, Pablo	01	RCN VIGO	31.65	26,00
8. DOPICO REY, Anton	97	C. N. FERROL	31.66	25,00
9. BALBOA BLANCO, Ivan	94	C. N. PORTAMIÑA	31.68	24,00
10. VAZQUEZ FERNANDEZ, Nicolas	06	C. N. GALAICO	32.26	23,00
11. GUTIERREZ MARIÑO, Santiago	02	C. N. PABELLON	32.59	22,00
12. CARRERA COSTAS, Martin	96	C. N. PONTEAREAS	32.80	21,00
13. MORENO TEIJEIRO, Hugo	05	C. FLUVIAL LUGO	33.06	20,00
14. LOPEZ FERNANDEZ, Martin	04	C. N. PABELLON	33.20	19,00
15. LAGO CASTILLO, Diego	07	C. N. CORUÑA	33.29	18,00
16. MUNIN CANDAL, Alex	05	CIDADE SANTIAGO	34.18	17,00
17. GONZÁLEZ MARTÍNEZ, Cristian	03	C. N. ARTEIXO	35.12	16,00
18. GONZALEZ PREGO, Xose	08	C. N. CORUÑA	35.93	15,00
19. MORENO TEIJEIRO, Andre	07	C. FLUVIAL LUGO	36.30	14,00
20. BARCALA RIVEIRO, Brais	05	S. DEP. BOIRO	40.09	13,00
DSQ MENDEZ PUGA, Mario	03	VIGO RIAS BAIXAS		-
<i>Nado irregular</i>				
Baja enf. PASSARETTI PEREIRA, Alejandro	98	CIDADE SANTIAGO		-

Prueba 41
11/12/2022 - 17:55

Fem., 800m Libre

Open femenino
Resultados

RG 8:18.69 , GOMEZ CORTES, BEATRIZ GALAICO 14/12/2014

Clasificación	AN		TiempoPUNTOS								
1. GÓMEZ MESÍAS, Alba	00	C. N. ARTEIXO	8:56.23	35,00							
100m:	1:02.13	1:02.13	300m:	3:17.37	1:07.97	500m:	5:34.08	1:08.55	700m:	7:51.07	1:08.22
200m:	2:09.40	1:07.27	400m:	4:25.53	1:08.16	600m:	6:42.85	1:08.77	800m:	8:56.23	1:05.16
2. MOURENZA ROCHA, Ines	07	C. N. PORTAMIÑA	8:57.60	32,00							
100m:	1:04.19	1:04.19	300m:	3:19.03	1:07.37	500m:	5:35.27	1:08.31	700m:	7:51.42	1:08.25
200m:	2:11.66	1:07.47	400m:	4:26.96	1:07.93	600m:	6:43.17	1:07.90	800m:	8:57.60	1:06.18
3. CARBALLO GONZALEZ, Sofia	06	C. N. PONTEAREAS	9:03.17	30,00							
100m:	1:04.42	1:04.42	300m:	3:22.18	1:09.00	500m:	5:39.89	1:08.63	700m:	7:56.96	1:08.22
200m:	2:13.18	1:08.76	400m:	4:31.26	1:09.08	600m:	6:48.74	1:08.85	800m:	9:03.17	1:06.21
4. BLANCO ROUCO, Carmen	06	VIGO RIAS BAIXAS	9:26.10	29,00							
100m:	1:07.37	1:07.37	300m:	3:31.40	1:11.71	500m:	5:55.40	1:11.79	700m:	8:17.89	1:10.59
200m:	2:19.69	1:12.32	400m:	4:43.61	1:12.21	600m:	7:07.30	1:11.90	800m:	9:26.10	1:08.21
5. MARTÍNEZ NOVOA, Silvia	06	RCN VIGO	9:47.51	28,00							
100m:	1:08.95	1:08.95	300m:	3:36.22	1:13.96	500m:	6:04.69	1:14.14	700m:	8:34.69	1:14.48
200m:	2:22.26	1:13.31	400m:	4:50.55	1:14.33	600m:	7:20.21	1:15.52	800m:	9:47.51	1:12.82
6. ESTEVEZ MONTES, Naroa	08	C. N. PONTEAREAS	9:49.31	27,00							
100m:	1:10.65	1:10.65	300m:	3:38.63	1:14.71	500m:	6:07.71	1:15.04	700m:	8:37.74	1:14.77
200m:	2:23.92	1:13.27	400m:	4:52.67	1:14.04	600m:	7:22.97	1:15.26	800m:	9:49.31	1:11.57
7. FERNANDEZ AGUION, Sara	07	C. N. CORUÑA	9:57.08	26,00							
100m:	1:10.61	1:10.61	300m:	3:41.10	1:15.67	500m:	6:12.84	1:15.75	700m:	8:43.76	1:15.54
200m:	2:25.43	1:14.82	400m:	4:57.09	1:15.99	600m:	7:28.22	1:15.38	800m:	9:57.08	1:13.32
8. PARDAVILA DAVILA, Ainoa	08	VIGO RIAS BAIXAS	10:03.70	25,00							
100m:	1:10.97	1:10.97	300m:	3:41.61	1:15.41	500m:	6:14.22	1:16.47	700m:	8:47.79	1:16.71
200m:	2:26.20	1:15.23	400m:	4:57.75	1:16.14	600m:	7:31.08	1:16.86	800m:	10:03.70	1:15.91
9. VAZQUEZ LIZ, Mireia	08	C. N. PORTAMIÑA	10:08.82	24,00							
100m:	1:10.83	1:10.83	300m:	3:45.09	1:17.17	500m:	6:21.26	1:18.18	700m:	8:55.19	1:16.45
200m:	2:27.92	1:17.09	400m:	5:03.08	1:17.99	600m:	7:38.74	1:17.48	800m:	10:08.82	1:13.63
10. RODRÍGUEZ RODRÍGUEZ, Paula	08	C. N. ARTEIXO	10:09.52	23,00							
100m:	1:11.60	1:11.60	300m:	3:44.88	1:16.34	500m:	6:19.87	1:17.69	700m:	8:54.39	1:17.13
200m:	2:28.54	1:16.94	400m:	5:02.18	1:17.30	600m:	7:37.26	1:17.39	800m:	10:09.52	1:15.13
11. FERNANDEZ GRATEROL, Sofia Antia	07	C. N. PABELLON	10:19.99	22,00							
100m:	1:11.54	1:11.54	300m:	3:48.01	1:19.09	500m:	6:27.50	1:19.82	700m:	9:05.12	1:18.79
200m:	2:28.92	1:17.38	400m:	5:07.68	1:19.67	600m:	7:46.33	1:18.83	800m:	10:19.99	1:14.87
12. VARELA IGLESIAS, Ana	08	RCN VIGO	10:20.72	21,00							
100m:	1:12.87	1:12.87	300m:	3:50.13	1:18.97	500m:	6:27.76	1:18.38	700m:	9:05.09	1:19.16
200m:	2:31.16	1:18.29	400m:	5:09.38	1:19.25	600m:	7:45.93	1:18.17	800m:	10:20.72	1:15.63
13. SANCHEZ JUANE, Maica	07	C. N. PABELLON	10:27.53	20,00							
100m:	1:13.59	1:13.59	300m:	3:50.82	1:19.17	500m:	6:30.24	1:19.67	700m:	9:10.02	1:19.91
200m:	2:31.65	1:18.06	400m:	5:10.57	1:19.75	600m:	7:50.11	1:19.87	800m:	10:27.53	1:17.51
14. RAMOS MÍGUEZ, Leyre	06	S. DEP. BOIRO	10:28.99	19,00							
100m:	1:13.38	1:13.38	300m:	3:52.01	1:19.93	500m:	6:31.14	1:19.20	700m:	9:09.66	1:19.23
200m:	2:32.08	1:18.70	400m:	5:11.94	1:19.93	600m:	7:50.43	1:19.29	800m:	10:28.99	1:19.33
Baja enf. PÉREZ LORENZO, Celia	07	S. DEP. BOIRO	-								

Prueba 42
11/12/2022 - 18:15

Masc., 400m Libre

Open masculino
Resultados

RG 3:50.73 , REGUEIRA SUAREZ, RUFINO RIVEIRA 02/12/2010

Clasificación			AN			Tempo	PUNTOS		
1.	GARCÍA CASTRO, Mateo		05	C. N. ARTEIXO		3:59.40	35,00		
	50m:	27.42 27.42	150m:	1:26.95 29.97	250m:	2:28.16 30.90	350m:	3:29.38 30.36	
	100m:	56.98 29.56	200m:	1:57.26 30.31	300m:	2:59.02 30.86	400m:	3:59.40 30.02	
2.	PARDO PERNAS, Martin		02	C. FLUVIAL LUGO		4:03.85	32,00		
	50m:	27.87 27.87	150m:	1:28.85 30.69	250m:	2:30.53 30.57	350m:	3:32.62 31.10	
	100m:	58.16 30.29	200m:	1:59.96 31.11	300m:	3:01.52 30.99	400m:	4:03.85 31.23	
3.	CIVEIRA CORRAL, Raul		02	C. N. PABELLON		4:09.32	30,00		
	50m:	27.74 27.74	150m:	1:29.38 31.27	250m:	2:33.93 32.54	350m:	3:38.15 32.72	
	100m:	58.11 30.37	200m:	2:01.39 32.01	300m:	3:05.43 31.50	400m:	4:09.32 31.17	
4.	FERNANDEZ NIETO, Cristian		92	C. N. GALAICO		4:11.93	29,00		
	50m:	28.90 28.90	150m:	1:32.52 31.91	250m:	2:36.83 32.32	350m:	3:41.07 31.81	
	100m:	1:00.61 31.71	200m:	2:04.51 31.99	300m:	3:09.26 32.43	400m:	4:11.93 30.86	
5.	DEL RIO REGUEIRA, Marcos		93	C. N. ARTEIXO		4:14.48	28,00		
	50m:	28.77 28.77	150m:	1:32.72 32.44	250m:	2:38.00 32.62	350m:	3:43.39 32.81	
	100m:	1:00.28 31.51	200m:	2:05.38 32.66	300m:	3:10.58 32.58	400m:	4:14.48 31.09	
6.	SANLÉS DIESTE, Hugo		04	S. DEP. BOIRO		4:14.82	27,00		
	50m:	29.15 29.15	150m:	1:32.69 31.90	250m:	2:37.16 32.64	350m:	3:42.90 32.91	
	100m:	1:00.79 31.64	200m:	2:04.52 31.83	300m:	3:09.99 32.83	400m:	4:14.82 31.92	
7.	QUIROGA RAMOS, Noel		00	C. N. PABELLON		4:15.99	26,00		
	50m:	29.02 29.02	150m:	1:33.62 32.66	250m:	2:39.11 32.81	350m:	3:44.73 32.64	
	100m:	1:00.96 31.94	200m:	2:06.30 32.68	300m:	3:12.09 32.98	400m:	4:15.99 31.26	
8.	GONZALEZ ESTEVEZ, Yoel		07	C. N. PONTEAREAS		4:17.21	25,00		
	50m:	29.31 29.31	150m:	1:34.72 32.94	250m:	2:40.94 33.17	350m:	3:46.38 32.54	
	100m:	1:01.78 32.47	200m:	2:07.77 33.05	300m:	3:13.84 32.90	400m:	4:17.21 30.83	
9.	COSTA FERNANDEZ, Lucas		98	C. N. PONTEAREAS		4:17.41	24,00		
	50m:	29.04 29.04	150m:	1:33.53 32.44	250m:	2:39.24 33.20	350m:	3:46.27 33.51	
	100m:	1:01.09 32.05	200m:	2:06.04 32.51	300m:	3:12.76 33.52	400m:	4:17.41 31.14	
10.	FRAGA SAL, Alexandre		06	C. N. PORTAMIÑA		4:17.52	23,00		
	50m:	28.32 28.32	150m:	1:31.95 32.09	250m:	2:37.97 33.11	350m:	3:45.06 33.47	
	100m:	59.86 31.54	200m:	2:04.86 32.91	300m:	3:11.59 33.62	400m:	4:17.52 32.46	
11.	PEDRE SALIDO, Julio		03	C. N. FERROL		4:17.62	22,00		
	50m:	28.05 28.05	150m:	1:32.10 32.40	250m:	2:38.22 33.13	350m:	3:45.49 33.79	
	100m:	59.70 31.65	200m:	2:05.09 32.99	300m:	3:11.70 33.48	400m:	4:17.62 32.13	
12.	RODRIGUEZ SANCOSMED, Pablo		03	C. N. PORTAMIÑA		4:18.37	21,00		
	50m:	28.96 28.96	150m:	1:32.18 31.75	250m:	2:37.01 32.30	350m:	3:43.76 33.66	
	100m:	1:00.43 31.47	200m:	2:04.71 32.53	300m:	3:10.10 33.09	400m:	4:18.37 34.61	
13.	PEREZ GARCIA, Iker		07	C. N. GALAICO		4:20.55	20,00		
	50m:	28.40 28.40	150m:	1:33.32 32.95	250m:	2:40.66 33.52	350m:	3:48.47 33.81	
	100m:	1:00.37 31.97	200m:	2:07.14 33.82	300m:	3:14.66 34.00	400m:	4:20.55 32.08	
14.	GOMEZ LIMIA, Pablo		06	C. N. CORUÑA		4:21.88	19,00		
	50m:	29.33 29.33	150m:	1:34.56 32.73	250m:	2:41.91 33.76	350m:	3:48.77 33.39	
	100m:	1:01.83 32.50	200m:	2:08.15 33.59	300m:	3:15.38 33.47	400m:	4:21.88 33.11	
15.	MORENO TEIJEIRO, Hugo		05	C. FLUVIAL LUGO		4:26.49	18,00		
	50m:	29.60 29.60	150m:	1:35.18 33.43	250m:	2:43.17 34.09	350m:	3:52.18 34.50	
	100m:	1:01.75 32.15	200m:	2:09.08 33.90	300m:	3:17.68 34.51	400m:	4:26.49 34.31	

Prueba 42, Masc., 400m Libre, Open masculino

Clasificación	AN		Tiempo		PUNTOS
16. REY MUNIN, Tomas	06	CIDADE SANTIAGO	4:31.84	17,00	
50m: 30.62 30.62	150m: 1:38.28	33.82	250m: 2:47.31	34.58	350m: 3:57.67 35.21
100m: 1:04.46 33.84	200m: 2:12.73	34.45	300m: 3:22.46	35.15	400m: 4:31.84 34.17
17. ABELLEIRA GÓMEZ, Miguel A.	06	S. DEP. BOIRO	4:36.41	16,00	
50m: 31.49 31.49	150m: 1:41.45	35.07	250m: 2:51.74	35.15	350m: 4:02.49 35.33
100m: 1:06.38 34.89	200m: 2:16.59	35.14	300m: 3:27.16	35.42	400m: 4:36.41 33.92
18. GONZÁLEZ BORGES, David	03	VIGO RIAS BAIXAS	4:38.49	15,00	
50m: 30.64 30.64	150m: 1:38.50	34.60	250m: 2:49.82	36.02	350m: 4:02.73 36.55
100m: 1:03.90 33.26	200m: 2:13.80	35.30	300m: 3:26.18	36.36	400m: 4:38.49 35.76
19. RIBÓ MIGUEL, Lucas	07	CIDADE SANTIAGO	4:42.72	14,00	
50m: 32.32 32.32	150m: 1:43.52	35.59	250m: 2:55.91	36.55	350m: 4:08.56 36.46
100m: 1:07.93 35.61	200m: 2:19.36	35.84	300m: 3:32.10	36.19	400m: 4:42.72 34.16
20. OUBIÑA SÁNCHEZ, Pedro	07	RCN VIGO	4:43.85	13,00	
50m: 31.76 31.76	150m: 1:42.11	35.55	250m: 2:53.98	36.04	350m: 4:08.01 36.94
100m: 1:06.56 34.80	200m: 2:17.94	35.83	300m: 3:31.07	37.09	400m: 4:43.85 35.84
DSQ GARCÍA AFONSO, Alexis	07	C. N. FERROL		1,00	
<i>Salida anticipada</i>					

Prueba 43
11/12/2022 - 18:45

Fem., 4 x 100m Estilos

Absoluto Femenino
Resultados

RG 4:14.39 GALAICO GALAICO 30/12/2010

Clasificación

TiempoPUNTOS

1.	C. N. PONTEAREAS 1				C. N. PONTEAREAS	4:25.23	70,00		
	BORGE JUSTE, Ines	06	33.41	1:08.61	LEMOS FERNANDEZ, Iria	06	29.58	1:04.42	
	FARO MARTINEZ, Carla	03	35.36	1:15.50	CARRON MUIÑA, Carla	05	26.67	56.70	
2.	C. N. PORTAMIÑA 1				C. N. PORTAMIÑA	4:29.52	64,00		
	CANDO SANTOS, Raquel	03	34.25	1:09.62	MOURENZA ROCHA, Ines	07	30.71	1:06.01	
	MOURENZA ROCHA, Sofia	07	33.42	1:11.24	LOPEZ-FREIRE FRANCIA, Carmen	07	29.60	1:02.65	
3.	RCN VIGO 1				RCN VIGO	4:31.73	60,00		
	SOLER LOMBA, Rosalía	00	32.99	1:07.39	RODRÍGUEZ ALONSO, Julia	05	29.93	1:04.49	
	CONS GESTIDO, Henar Diana	02	36.28	1:17.84	CONS GESTIDO, Victoria Anna	05	29.43	1:02.01	
4.	C. N. ARTEIXO 1				C. N. ARTEIXO	4:41.57	58,00		
	SÁNCHEZ BELLO, Eva	07	33.13	1:07.68	GÓMEZ MESÍAS, Alba	00	29.88	1:04.92	
	ALVITE BERGARA, Nerea	99	40.56	1:25.51	VEIGA SOUTO, Ana	98	30.19	1:03.46	
5.	VIGO RIAS BAIXAS 1				VIGO RIAS BAIXAS	4:44.83	56,00		
	BLANCO ROUCO, Carmen	06	32.59	1:06.03	RODRIGUEZ RODRIGUEZ, Nina	02	32.35	1:10.79	
	ALVAREZ PAZOS, Maria	07	37.77	1:22.51	TEJEIRO SABORIDO, Cayetana	06	31.04	1:05.50	
6.	S. DEP. BOIRO 1				S. DEP. BOIRO	4:57.83	54,00		
	OUVIÑA PICOS, Nadiuska	10	34.96	1:12.13	VILARNOVO SUÁREZ, Noelia	06	32.43	1:10.74	
	SÁNCHEZ TOJA, Candela	08	39.70	1:24.96	GARCÍA ESPAÑA, Elena	09	33.09	1:10.00	
7.	C. N. PABELLON 1				C. N. PABELLON	5:09.56	52,00		
	REQUEJO FERNANDEZ, Irene	10	37.01	1:17.24	ALVAREZ GARCIA, Mencia	10	36.85	1:21.36	
	CIVEIRA CORRAL, Nerea	04	39.61	1:25.76	BABARRO LOPEZ, Maria	08	31.14	1:05.20	
8.	C. N. CORUÑA 1				C. N. CORUÑA	5:17.88	50,00		
	VILLAR ARCEO, Iria	08	38.42	1:19.41	CANALDA RAMOS, Laura	09	33.75	1:13.18	
	FERNANDEZ AGUION, Sara	07	42.37	1:31.29	ARRUÑADA VAZQUEZ, Carmen	10	35.33	1:14.00	

Prueba 44
11/12/2022 - 18:52

Masc., 4 x 100m Estilos

Absoluto Masculino
Resultados

RG 3:44.83 NCORUÑA NCORUÑA 29/12/2008

Clasificación

TiempoPUNTOS

1.	C. N. PORTAMIÑA 1				C. N. PORTAMIÑA	3:51.25	70,00		
	VAZQUEZ LOPEZ, Martin	03	27.00	56.27	SANCHEZ VAZQUEZ, Antonio	04	26.68	58.34	
	NOVO LOPEZ, Brais	03	29.10	1:03.21	RODRIGUEZ SANCOSMED, Pablo	03	25.20	53.43	
2.	C. N. FERROL 1				C. N. FERROL	3:55.35	64,00		
	NAVARRO LOSADA, Sergi	07	28.16	57.85	LOSADA JIMÉNEZ, Sergio	04	26.19	57.05	
	SEIJO BERMUDEZ, Daniel	04	30.63	1:06.64	RAMOS PEREZ, Nicolas Anton	06	25.24	53.81	
3.	C. N. PABELLON 1				C. N. PABELLON	3:59.74	60,00		
	CARBALLO RODRIGUEZ, Enrique	07	28.91	1:00.59	QUIROGA RAMOS, Yago	05	27.84	1:00.37	
	MOURE DOVAL, Jose	99	31.33	1:06.64	CIVEIRA CORRAL, Raul	02	25.49	52.14	
4.	C. FLUVIAL LUGO 1				C. FLUVIAL LUGO	4:00.02	58,00		
	ALVAREZ FERNANDEZ, Borja	96	29.59	1:01.78	TEJUIRO PRADO, Xoel	06	26.72	58.01	
	PARDO PERNAS, Martin	02	31.92	1:08.27	GOMEZ TOJO, Ander	05	24.65	51.96	
5.	C. N. ARTEIXO 1				C. N. ARTEIXO	4:01.02	56,00		
	VARELA PASANDÍN, Manuel	06	30.82	1:02.86	RUIBAL CABALLERO, Manuel Fco.	03	27.28	59.75	
	GÓMEZ MESÍAS, Miguel Ángel	03	30.15	1:05.17	GARCÍA CASTRO, Mateo	05	25.52	53.24	
6.	C. N. GALAICO 1				C. N. GALAICO	4:02.05	54,00		
	SANCHEZ LOUZAN, Daniel	98	27.51	56.96	JUNCAL MOREIRA, Pablo	01	28.47	1:02.15	
	LEAL FERNANDEZ, Cibran	00	30.79	1:08.12	PEREZ GARCIA, Iker	07	26.23	54.82	
7.	C. N. PONTEAREAS 1				C. N. PONTEAREAS	4:06.48	52,00		
	MARTINEZ MARTINEZ, Marcos	03	30.72	1:02.66	RODRIGUEZ DOMINGUEZ, Fco. Jav	04	28.18	1:01.39	
	FARO MARTINEZ, Yoel	07	30.97	1:07.57	PINO LORENZO, Brais	01	25.96	54.86	
8.	RCN VIGO 1				RCN VIGO	4:08.43	50,00		
	PEREZ TIERRA, Ismael	02	29.63	1:01.58	CIDRÁS PÉREZ, Fabián	05	28.35	1:02.43	
	DOMÍNGUEZ FERNÁNDEZ, Pablo	01	32.27	1:08.37	PAZOS IGLESIAS, André	07	26.78	56.05	
9.	CIDADE SANTIAGO 1				CIDADE SANTIAGO	4:10.59	48,00		
	SUAREZ RIPOLL, Xian	03	31.95	1:05.36	ORECHIA, Agustín	06	28.03	51.47	
	PARCERO AREOSO, Xoel	07	31.57	1:07.46	MEJIDE GIADAS, Diego	00	36.52	1:06.30	
10.	S. DEP. BOIRO 1				S. DEP. BOIRO	4:16.13	46,00		
	NOVO BELLO, Manuel	98	34.13	1:12.07	SANLÉS DIESTE, Hugo	04	28.31	1:02.08	
	PÉREZ LORENZO, Manuel	05	30.29	1:04.91	BRIÓN SAMPEDRO, Carlos	97	27.87	57.07	
11.	VIGO RIAS BAIXAS 1				VIGO RIAS BAIXAS	4:17.72	44,00		
	PIÑEIRO RODRIGUEZ, Samuel	07	31.70	1:06.11	ALONSO VIDAL, Teo	07	29.14	1:03.79	
	PASTORIZA SANTA CLARA, Jorge	97	32.83	1:11.81	MASSO ROIG, Martin	07	27.00	56.01	
12.	C. N. CORUÑA 1				C. N. CORUÑA	4:37.31	42,00		
	GOMEZ LIMIA, Pablo	06	32.40	1:06.88	ALCALDE MAHIA, Jun Bin	08	34.43	1:14.36	
	LAGO CASTILLO, Diego	07	33.94	1:12.25	GONZALEZ PREGO, Xose	08	30.77	1:03.82	

CLASIFICACION ABSOLUTA

Todas las pruebas

Masc., Open

1. C. N. PORTAMIÑA	01156	1.263,00
2. C. N. FERROL	00674	1.171,00
3. C. N. PABELLON	00101	1.129,50
4. C. N. ARTEIXO	01133	1.088,00
5. C. N. GALAICO	00784	1.049,00
6. C. FLUVIAL LUGO	00398	1.036,00
7. C. N. PONTEAREAS	00878	1.027,00
8. RCN VIGO	00071	760,50
9. CIDADE SANTIAGO	01295	747,00
10. S. DEP. BOIRO	P1106	663,00
11. VIGO RIAS BAIXAS	00765	660,00
12. C. N. CORUÑA	00186	429,00
13. A. D. FOGAR	00617	-
A. DEP. NT. NARON	00639	-
C. DEL MAR	00282	-
C. N. MARINA	00146	-
C. N. ARZUA	P1112	-
C. N. LICEO	01269	-
C. N. MONFORTE	00837	-
C. N. MOS	01424	-
C. N. REDONDELA	00873	-
C. N. RIVEIRA	00769	-
C. N. CEDEIRA	00770	-
C. N. CULLEREDO	01433	-
C. N. XOVE	00622	-
C. SPORTING CASINO	00287	-

Fem., Open

1. C. N. PONTEAREAS	00878	1.301,00
2. RCN VIGO	00071	1.257,00
3. C. N. PORTAMIÑA	01156	1.191,00
4. C. N. ARTEIXO	01133	1.164,00
5. C. N. PABELLON	00101	1.090,00
6. VIGO RIAS BAIXAS	00765	1.015,00
7. S. DEP. BOIRO	P1106	872,00
8. C. N. CORUÑA	00186	651,00
9. A. D. FOGAR	00617	-
A. DEP. NT. NARON	00639	-
C. DEL MAR	00282	-
CIDADE SANTIAGO	01295	-
C. FLUVIAL LUGO	00398	-
C. N. MARINA	00146	-
C. N. ARZUA	P1112	-
C. N. FERROL	00674	-
C. N. GALAICO	00784	-
C. N. LICEO	01269	-
C. N. MONFORTE	00837	-
C. N. MOS	01424	-
C. N. REDONDELA	00873	-
C. N. RIVEIRA	00769	-
C. N. CEDEIRA	00770	-
C. N. CULLEREDO	01433	-

C. N. XOVE	00622	-
C. SPORTING CASINO	00287	-



Deputación
DA CORUÑA



XUNTA
DE GALICIA

DEPORTE
GALEGO

Progresión de los nadadores - sumario

Todas las pruebas

Lugar Club	Código	Nadador	Masculino			Femenino			Media	
			Total	Progresión	in %	Total	Progresión	in %		
1. C. N. Coruña	00186	5	20	13	111%	5	20	10	105%	108%
2. C. N. Pabellón Ourense	00101	15	34	11	104%	13	34	15	103%	103%
C. Dep. N. Cidade De Santiago	01295	10	34	16	103%	-	-	-	-	103%
4. C. N. Portamiñá Lugo	01156	14	34	23	102%	13	34	17	102%	102%
5. Real C. Náutico De Vigo	00071	8	29	15	103%	13	34	12	100%	101%
C. Fluvial De Lugo	00398	12	34	11	101%	-	-	-	-	101%
C. N. Galaico	00784	14	35	12	101%	-	-	-	-	101%
8. C. N. Vigo Rías Baixas	00765	6	24	12	102%	9	34	14	99%	100%
Soc. Dep. Cul. N. Boiro	P1106	9	27	8	99%	8	32	13	101%	100%
C. N. Pontearreas	00878	12	34	18	100%	14	34	7	100%	100%
C. N. Arteixo	01133	13	34	13	100%	13	34	11	99%	100%
C. N. Ferrol	00674	14	34	14	100%	-	-	-	-	100%
Sumario de 12 clubes		132	373	166	102%	88	256	99	67%	102%